Dr. Martin Luther King, Jr. Community Center

October 9, 2026

From The Kids' Wonder Lab to Preschool

Supporting our community's littlest learners is the foundation of our education programs. We met our friend Ovi when he was a toddler in The Kids' Wonder Lab, our sensory learning program for children aged 18 to four years, designed to enhance developmental and social skills while connecting parents.

This year, our friend Ovi (pictured below) outgrew The Kids' Wonder Lab, but he's continuing to learn and grow at the MLK as a student in our Preschool Program.

We're delighted to support Ovi and his family as he grows.

If you have a child 18 months to four years of age, click the button below to inquire about The Kids' Wonder Lab. If you are interested in Preschool, you can also use the button below to contact Missy Davis, our Director of Education.

I am interested in The Kids' Wonder Lab

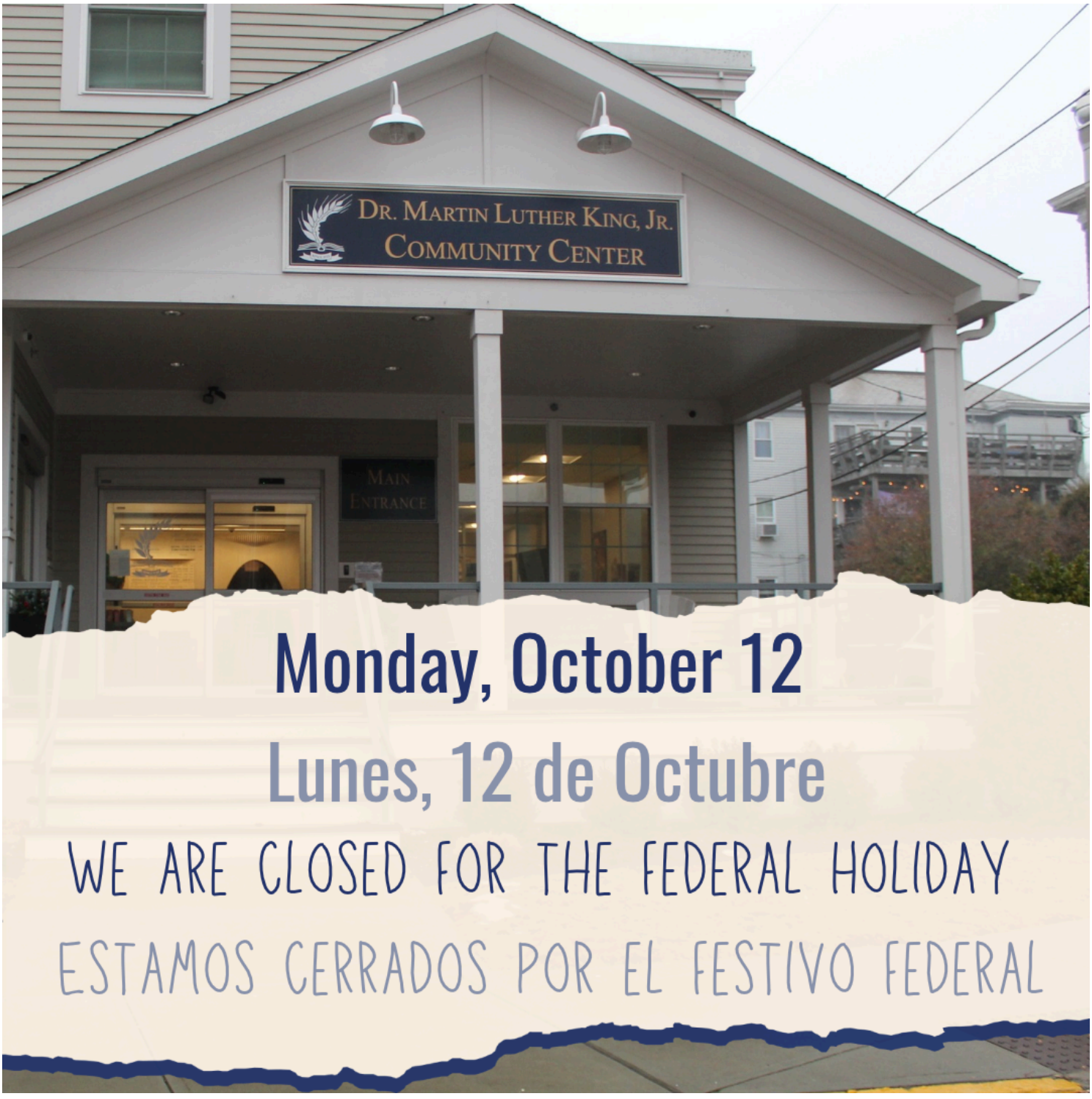
I am interested in Preschool





We are closed for the federal holiday on Monday, October 12

This Monday, October 12, we are closed for all programs for the federal holiday. All programs will resume as scheduled on Tuesday, October 13. See you then!



It's flu season! Get your shot at the MLK next week

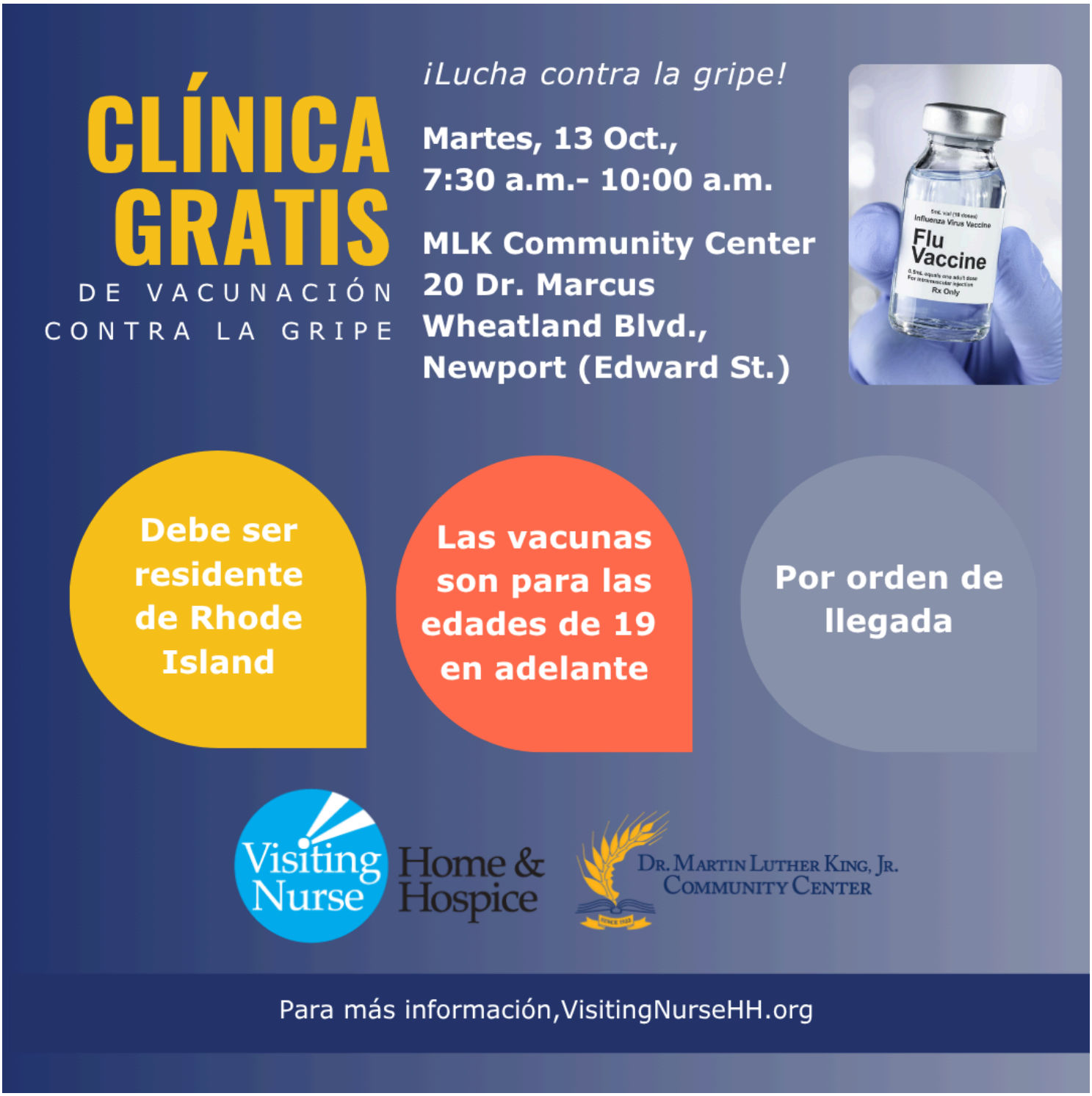


The weather is cooling down and flu season is here, but there's no need to worry because you can get your flu shot at the MLK next week!

Next **Tuesday, October 13, from 7:30 a.m. - 10:00 a.m.**, thanks to ***Visiting Nurse Home & Hospice***, you can get your flu shot free of charge, with **no health insurance required**.

Please enter through the Edward St. entrance.

We hope to see you there!



50th Annual Jamestown Classic Bike Race supports the MLK

We wish the cyclists participating in the Jamestown Classic Bike Race this Sunday, October 11, the best of luck. We are honored to benefit from this wonderful community event, thanks to our friends in the ***Jamestown Rotary Club***. We congratulate them on 50 years of this beloved community event.


50th Annual
MLK - Jamestown Classic Bike Race
Dr. Martin Luther King, Jr.
Community Center

Sing Your Heart Out at the MLK on Oct. 27

Back in August, we welcomed our friends from ***Sing Your Heart Out Co.*** to have a friendly karaoke competition.

If you missed your chance to sing your heart out, don’t fret; we are holding another karaoke competition on **Tuesday, October 27, from 5:00 p.m. – 7:00 p.m.**

This event is free and open to all, but spots are limited, so please register with the button below.

If you're not a singer, you are more than welcome to enjoy the performances and hang out!

Thank you to Sing Your Heart Out Co. for joining us again. You don't want to miss this one.

SING YOUR HEART OUT AT THE MLK

Join us for a fun evening of karaoke competition!

Tuesday, October 27 5 - 7 p.m.

The event is free, but spots are limited. Register now!

FIRST PLACE WINS A PRIZE!

epatel@mlkccenter.org

20 Dr. Marcus Wheatland blvd.
Newport RI

Please use the Edward St. entrance

SING YOUR HEART OUT KARAOKE CO - EST. 2024

Dr. Martin Luther King, Jr. Community Center



Hand me the mic. I want to sing!

CANTA CON TODO TU CORAZÓN EN EL MLK

¡Únete a nosotros para una divertida velada de competición de karaoke!

Martes, 27 de Octubre 5 - 7 p.m.

¡EL PRIMER LUGAR RECIBE UN PREMIO!

El evento es gratuito, pero las plazas son limitadas. ¡Regístrate ahora!

epatel@mlkccenter.org

20 Dr. Marcus Wheatland blvd.
Newport RI

Por favor, utilice la entrada de Edward St.



SING YOUR HEART OUT KARAOKE CO - EST. 2024

Dr. Martin Luther King, Jr. Community Center

Wish Team MLK luck for the Newport Marathon!

Dr. Martin Luther King, Jr. Community Center

Amica | NM Newport Marathon



Team MLK's fundraising and running superstars are ready to run the ***Amica Newport Marathon*** this Sunday.

We’re grateful for their commitment to the Center.

We’ll be cheering them on!

Check out the images below to get to know **Alexandra, Eric, and Kate** and why the MLK matters to them.

With the button below, you can support our runners efforts to fundraise for MLK programs.

Support Team MLK

Dr. Martin Luther King, Jr. Community Center

Amica | NEWPORT MARATHON



WHY TEAM MLK?

"I FIRST FELL IN LOVE WITH THE MLK CENTER'S LIFE-CHANGING IMPACT DURING 2023 BOSTON MARATHON, AND I AM HONORED TO CONTINUE MY TRADITION OF USING MY TRAINING TO GIVE BACK TO HUMANITY. I WANT MY PASSION FOR RUNNING TO CONTINUE SERVING A MUCH LARGER PURPOSE FOR OUR COMMUNITY."

- ERIC SPIGEL

Dr. Martin Luther King, Jr. Community Center

Amica | NEWPORT MARATHON



WHY TEAM MLK?

I'M HONORED TO BE RUNNING THE AMICA HALF MARATHON IN NEWPORT, RI WITH TEAM MLK... THIS INCREDIBLE ORGANIZATION PROVIDES IMPORTANT, VITAL SERVICES LIKE HUNGER RELIEF, EDUCATIONAL PROGRAMS, AND BEYOND TO THOSE IN NEED...EVERY PENNY RAISED GOES DIRECTLY TOWARD EXPANDING THESE COMMUNITY-DRIVEN INITIATIVES, ENSURING THAT LOCAL FAMILIES HAVE THE RESOURCES TO THRIVE."

- KATE FAUCON

Our families loved the Harvest Fair







Families from our education programs enjoyed the Norman Bird Sanctuary's 52nd Annual ***Harvest Fair***. We are grateful for funding from the Bazarsky Family Foundation and the partnership with ***Norman Bird Sanctuary*** that made this possible. Our students and their loved ones had an amazing time enjoying such a vibrant community event.



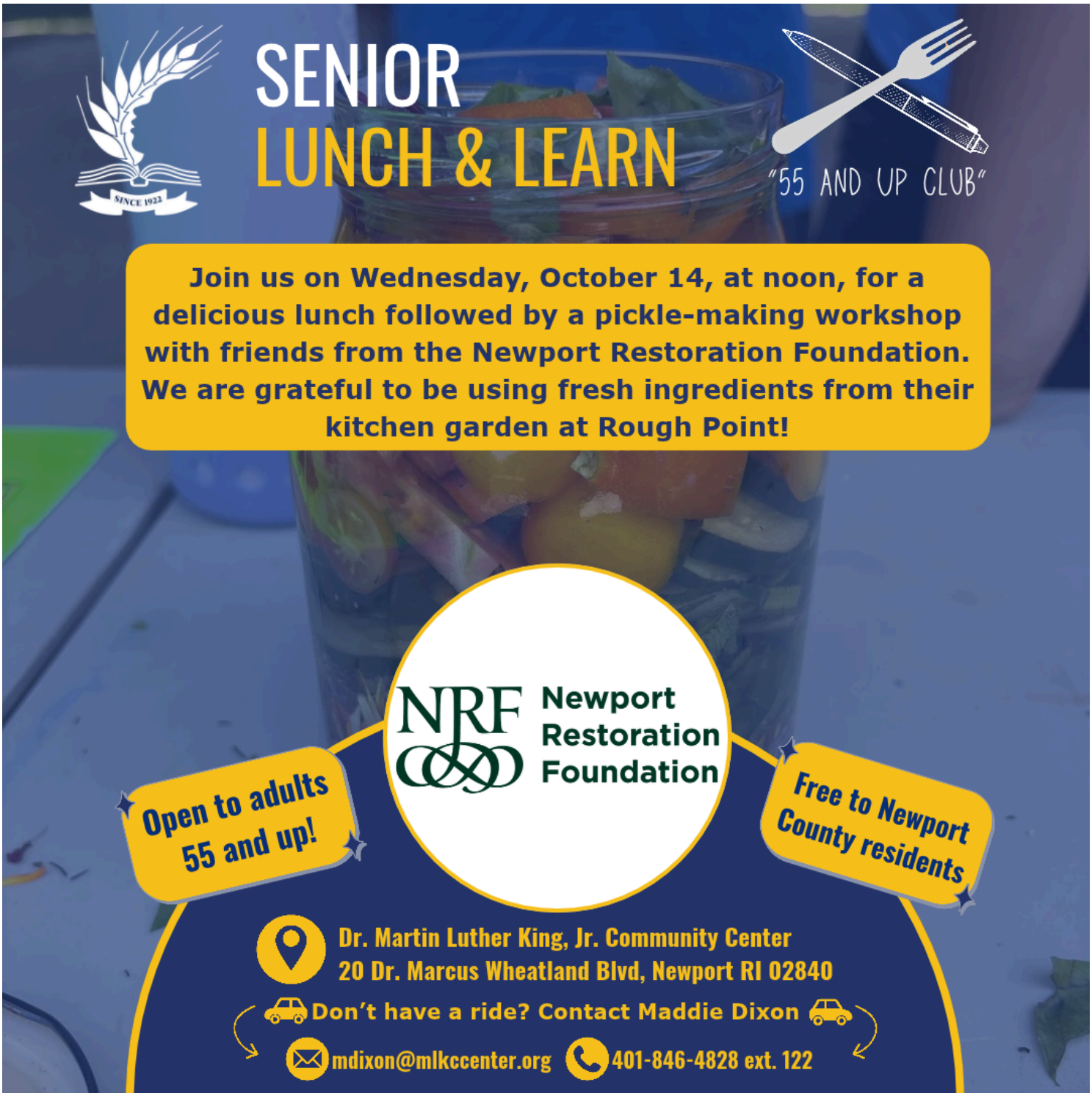




Join us next week at Lunch & Learn for pickle-making!

At next week's Senior Lunch and Learn, our friends from the ***Newport Restoration Foundation*** are going to lead us through a pickle-making workshop using fresh ingredients from their kitchen garden at ***Rough Point***. What a fun activity! As always, we'll share a delicious lunch with friends as part of the program.

Want to attend but struggle with transportation? Click the button below to reach Community Programs Assistant, Maddie Dixon. She can help arrange a ride to the Center for Lunch & Learn!



I need help getting to the Center

Beep! Beep! Here Comes the Mobile Food Pantry!



The Mobile Food Pantry is coming your way! Here are next week's Mobile Food Pantry Locations:

Tuesday 10/13/2026:

- Oxbow Farms, 80 Rogers Ln. Middletown RI 12:00 p.m. – 1:00 p.m.
- AHEPA II Apartments, 87 Girard Ave. Newport RI 1:30 p.m. – 2:00 p.m.
  - Residents Only

Thursday 10/15/2026:

- Festival Field, 90 Girard Ave. Newport RI 12:00 p.m. – 1:00 p.m.
- Meadowlark Park, 132 Prospect Ave. Middletown RI 1:30 p.m. – 2:15 p.m.
  - Residents Only

All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry, ***unless otherwise advised****. Please remember to bring your reusable bags.*

Download Our Monthly Calendars

Download October Community Programs Calendar in English

Descargar Calendario de Programas Communitarios de Octubre en Español

Download October Hunger Relief Calendar in English

Descargar Calendario de Combatir Del Hambre de Octubre en Español



Our Contact Information
{{Organization Name}}
{{Organization Address}}
{{Organization Phone}}
{{Organization Website}}

{{Unsubscribe}}

Volunteer

Give



You are receiving this email because you opted in to join our email newsletter list.
We promise to never share your information with third parties, or spam you.