



DR. MARTIN LUTHER KING, JR. COMMUNITY CENTER

October 2, 2026

Produce to the People is year-round at six locations in Newport County

Delicious, fresh produce is available once a week at six locations in Newport County. How great is that?

Check out the beautiful fruits and veggies at our [**North End Food Pantry**](#) through our Pantry [**Produce to the People**](#) program. **Download our Hunger Calendar at the bottom of this newsletter** to get the schedule for Produce to the People and our satellite pantry in the North End.



Is it Your Time 2 C.H.I.M.E?

Our monthly Time 2 C.H.I.M.E. program with the List Academy of Music is such a blast. Music professionals from the [List Academy of Music](#) came to demo the program with clients in our lobby, and they had so much fun. Check out the video below for a sneak peek.

No prior music experience is required, and it is an amazing opportunity to meet new friends and be involved in a musical ensemble. One of our participants said, *"This is so fun! I feel like I'm in a Disney movie!"*

If you want to join, click the button below to sign up for the next session on Thursday, November 5.

Register Now!



Beep! Beep! Hey, Portsmouth! The MFP is coming your way!

Our Mobile Food Pantry is making a huge effort to extend its monthly tour around Newport County. If you live in Portsmouth, our new stop at the [***Portsmouth Senior Center***](#) is for everyone!

Everyone is welcome.

Anyone can choose the nonperishables, meat, produce, toiletries, pet food, and household items they may need for the month.

Our first visit will be on **Wednesday, October 7 from 12:00 p.m. – 12:45 p.m.** We can't wait to see you there, Portsmouth!



NEW LOCATION!!



PORTSMOUTH SENIOR CENTER

Attention Portsmouth residents! The MLK Mobile Food Pantry will now visit once a month with fresh produce, meat, nonperishables, toiletries, pet food and household items.

NEXT VISIT

Wednesday, October 7, 12 - 12:45 p.m.
112 Bristol Ferry Rd. Portsmouth RI



¡ NUEVA UBICACIÓN!



PORTSMOUTH SENIOR CENTER

¡Atención a los residentes de Portsmouth! La Despensa Móvil de Alimentos de MLK visitará ahora una vez al mes con productos frescos, carne, productos no perecederos, artículos de aseo, comida para mascotas y artículos para el hogar.

PRÓXIMA VISITA

Miércoles, 7 de Octubre, 12 - 12:45 p.m.

112 Bristol Ferry Rd. Portsmouth RI

Welcome to Preschool, parents!

This week we invited our **Preschool** parents to the Center to learn more about the program and see what their kids are learning. It's always so special to see our littlest learners sharing their MLK adventures with their parents. They were so proud to show off their classroom, artwork, and their favorite activities to their siblings and their parents.

Don't blink, because it will be preschool graduation before we know it.



**The MLK is Best in Newport County?
We need your vote!**

DR. MARTIN LUTHER KING, JR.
COMMUNITY CENTER

Best Childcare of Newport County



RACING
MY FIRST DAY OF
Preschool

NEWPORTLIFE
MAGAZINE

VOTE FOR US!

BEST
of Newport County

VOTE FOR US!



Congratulations to our fellow nominees for the [Newport Life Magazine](#) Best of Newport County Awards!

We are honored to be nominated for **Best Childcare in Newport County**.

Please vote for us with the button below and make sure to vote for your favorites in all the other categories as well.

What an amazing celebration of our community!

Vote Now!



Another week at the MLK shows more examples of our community's generosity and dedication in Newport County. Here are this week's shoutouts:

Our friend Juliette volunteered in our Book Buddies Program this week, which brings guests from our community to read to our Preschoolers each month. She read *Brown Bear, Brown Bear, What Do You See?* by Bill Martin, Jr. and illustrated by Eric Carle. Our students loved her and were very enthusiastic about all the animals in the story. Thank you, Juliette!





Volunteers from **Bailey's Beach** served lunch this week. On the menu were toasted roast beef sandwiches and salad. We are proud to serve healthy, hearty meals to our community through this vital Hunger Relief program, and we couldn't do it without our friendly, hard-working volunteers. Way to go, Bailey's Beach!

Volunteer

Love the Amica Newport Marathon but not a runner? We got you.



WE NEED NEWPORT MARATHON VOLUNTEERS

Not a runner, but still want to be a part of the **Amica Newport Marathon & Half Marathon**? We are proud to be beneficiaries of this race. Come join us as a volunteer at bib pick up!

SAT. 10/10/26
11:30 a.m. - 5:00 p.m.
Bib & t-shirt pick-up

SUN. 10/11/26
5:15 a.m. - 7:30 a.m.
Bib & t-shirt pick-up




HOLLIE JOHNSON,
VOLUNTEER MANAGER

 **401.846.4828 x103**

 **hjohnson@mlkccenter.org**





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The **Newport Marathon** is such a great community event, and we are grateful to be a beneficiary! But we understand if running isn't your thing. You can still join the fun by volunteering with us.

We need your help with bib pick-up and T-shirt distribution on Saturday, October 10, and Sunday, October 11. Want to hang out with Team MLK?

Reach out to our Volunteer Manager, Hollie Johnson, with the button below.

Volunteer



NECESITAMOS VOLUNTARIOS PARA EL MARATÓN DE NEWPORT

No corredor, pero ¿quieres formar parte del **Amica Newport Marathon & Half Marathon?**

Estamos orgullosos de ser beneficiarios de esta carrera.
¡Únete a nosotros como voluntario en la recogida de dorsales!

SAB. 10/10/26

11:30 a.m. - 5:00 p.m.

Recogida de baberos y camisetas

DOM. 11/10/26

5:15 a.m. - 7:30 a.m.

Recogida de baberos y camisetas



HOLLIE JOHNSON,
COORDINADORA DE VOLUNTARIOS



401.846.4828 x103



hjohnson@mlkccenter.org



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Thanksgiving in September? Why not?!

At the MLK we strongly believe there is never a wrong time for a delicious meal. We will gladly eat turkey in September. Thank you to **St. Mary's Episcopal Church** for sponsoring and serving such a fun and festive meal.



Reminder: The Lunch & Learn schedule changes this month!

Hey, 55 & Up Club members! Remember, starting this month, Senior Lunch & Learn will meet on the **2nd and 4th Wednesdays of each month**. There is no Lunch & Learn next week, but we have something exciting planned for you on Wednesday, October 14, so stay tuned!

If you are interested in attending Senior Lunch & Learn but have trouble getting to the Center, click the button below and let our Community Programs Assistant, Maddie Dixon, know. She can help arrange a ride.

I need a ride!



SENIOR LUNCH & LEARN



Attention 55 and Up Club! Senior L&L will be moving to the 2nd and 4th Wednesday of each month starting in October of 2026. Make sure to download our Monthly October Calendar!



**DR. MARTIN LUTHER KING, JR.
COMMUNITY CENTER**

**Open to adults
55 and up!**

**Free to Newport
County residents**



**Dr. Martin Luther King, Jr. Community Center
20 Dr. Marcus Wheatland Blvd, Newport RI 02840**

Email: mdixon@mlkccenter.org

401-846-4828 ext. 122

Rinse & Renew, thanks to you!

 **Rinse & Renew**
Free Showers at the MLK



Every Tuesday 8:00 a.m. - 1:00 p.m. April - October
Private Mobile Shower Unit behind MLK Community Center
20 Dr. Marcus Wheatland Blvd. Newport RI
Fresh towels, toiletries, underwear, socks, and t-shirts will be provided.
Free and Open to all: First come, first served.
The October 6 session is sponsored:
In memory of the Honorable Fred St. Germain

Rinse & Renew continues this Tuesday, October 6, from 8:00 a.m. – 1:00 p.m.

This week's session is sponsored in memory of the Honorable Fred St. Germain.

We are thankful for the community support that makes this program possible.



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Rinse & Renew

Duchas gratuitas en el MLK



Todos los Martes 8:00 a.m. - 1:00 p.m. Abril - Octubre

Unidad de Duchas Móviles Privada detrás del MLK Community Center

20 Dr. Marcus Wheatland Blvd. Newport RI

Se proporcionarán toallas limpias, artículos de aseo, ropa interior, calcetines y camisetas.

Gratis y abierto a todos: Por orden de llegada.

La sesión del 6 de Octubre está patrocinada:

En memoria del Honorable Fred St. Germain

Beep! Beep! Here Comes the Mobile Food Pantry!



MOBILE FOOD PANTRY TRACKER



DR. MARTIN LUTHER KING, JR.
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The Mobile Food Pantry is coming your way! Here are next week's Mobile Food Pantry Locations:

Tuesday 10/06/2026:

- Oxbow Farms, 80 Rogers Ln. Middletown RI 12:00 p.m. – 1:00 p.m.
- AHEPA II Apartments, 87 Girard Ave. Newport RI 1:30 p.m. – 2:30 p.m.
 - Residents Only

Wednesday 10/07/2026:

- Portsmouth Senior Center, 112 Bristol Ferry Rd. Portsmouth RI 12:00 p.m. – 12:45 p.m.

Thursday 10/08/2026:

- Donovan Manor, 19 Chapel St. Newport RI 12:00 p.m. – 1:00 p.m.
- Edgar Ct. Cul-de-sac Newport RI 1:15 p.m. – 2 :00 p.m.

*All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry, **unless otherwise advised**. Please remember to bring your reusable bags.*

Download Our Monthly Calendars

[Download October Community Programs Calendar in English](#)

[Descargar Calendario de Programas Comunitarios de Octubre en Español](#)

[Download October Hunger Relief Calendar in English](#)

[Descargar Calendario de Combatir Del Hambre de Octubre en Español](#)



Our Contact Information

{{Organization Name}}

{{Organization Address}}

{{Organization Phone}}

{{Organization Website}}

{{Unsubscribe}}

Volunteer

Give



You are receiving this email because you opted in to join our email newsletter list.
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