



DR. MARTIN LUTHER KING, JR. COMMUNITY CENTER

October 16, 2026

Congratulations to our Newport Marathon Runners!

Alexandra (pictured bottom left), **Eric** (pictured bottom right), and **Kate** ran the **Amica Newport Marathon and Half Marathon** in honor of the Center, raising \$5,965 for our programs. We could not be more thankful for their efforts, and we are proud of their incredible accomplishment. Please join us in extending huge congratulations to Team MLK!





Holiday Help Registration has begun

If you need help this holiday season, we are here for you. Newport County residents can register for Thanksgiving Help, Holiday Meal Help, and Santa's Workshop.

Our holiday meal programs provide a turkey and all the ingredients needed for a traditional Thanksgiving feast, and supermarket gift cards to help with a family's favorite holiday meal. In Santa's Workshop, parents can choose toys for children from birth to age 11 and retail gift cards for kids ages 12 to 17.

Registration is being held **in person only**. Photo ID, proof of Newport County residence, and proof of household size are required to sign up for holiday help programs. The registration schedule is available in the images below. **For questions, click the button below** to reach out to our Community Programs Manager, Erin Patel, or **[click here to visit our website.](#)**

If you can help this holiday season, we need you. Last year, we helped 1,350 children receive toys for Christmas, 2,450 people enjoyed a traditional Thanksgiving meal, and 3,306 people enjoyed their family's favorite winter holiday meal **because of people like you.** To help make the holidays bright for Newport County, click the button below to give.

Questions about Holiday Help

Give to Holiday Help programs

MLK Holiday Help 2026

**Tues.
Oct. 13**

Registration Begins

THESE MATERIALS ARE REQUIRED:

Photo ID, proof of Newport County* address, and proof of household size



MLK Community Center
20 Dr. Marcus Wheatland Blvd.
Newport RI

In person registration only

Mon. - Fri. 10 a.m. - 2 p.m.

Wed. 10 a.m. - 2 p.m.

& 4 - 6 p.m.



MLK North End Food Pantry
120 Hillside Ave.
Newport RI

In person registration only

Mon. 3 - 5 p.m.

Tues. & Fri. 9 a.m. - 12 p.m.

**Fri.
Nov. 13**

Registration for Thanksgiving Ends



**Fri.
Dec. 11**

Registration for Christmas Ends



***Newport, Middletown, Portsmouth, Jamestown,
Tiverton, and Little Compton**

Questions?



401.846.4828 x124



epatel@mlkccenter.org



**DR. MARTIN LUTHER KING, JR.
COMMUNITY CENTER**

MLK Ayuda para los Días Festivos 2026

**Martes
13 Oct.**

El Registro Comienza

PARA REGISTRARSE TRAER:

Identificación con foto, evidencia de domicilio, comprobante de domicilio del condado de Newport* y, los integrantes de la familia



MLK Community Center
20 Dr. Marcus Wheatland Blvd.
Newport RI

Registro solo en Persona

Lun. - Vie. 10 a.m. - 2 p.m.
Mié. 10 a.m. - 2 p.m.
& 4 - 6 p.m.



Despensa de Alimentos de North End
120 Hillside Ave
Newport RI

Registro solo en Persona

Lun. 3 - 5 p.m.
Mart. & Vie. 9 a.m. - 12 p.m.

**Viernes
13 Nov.**

Finaliza la inscripción para el Día de Acción de Gracias



**Viernes
11 Dic.**

Finaliza la inscripción para la Navidad



**Newport, Middletown, Portsmouth, Jamestown, Tiverton, and Little Compton*



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¿Preguntas?



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Another week passing at the MLK means more moments of Newport County generosity. Check out who helped our community last week:

We received over 200 lbs. of fresh, locally grown carrots from ***The Local Patch***, a local farm in Portsmouth that donates certified organic produce to the Center. We're grateful to provide local fruits and veggies to our community. Thank you!



Volunteers from [**ReMax of Rhode Island**](#) volunteered in our Food Pantry, organizing heavy boxes and stocking the pantry. Our volunteers are the backbone of the Center, and the Pantry is one of our most vital Hunger Relief programs. Thank you for making a difference in our community!

Making pickles with Newport Restoration Foundation

Yesterday at Senior Lunch & Learn, our friends from [**Newport Restoration Foundation**](#) led us through a pickle-making workshop with fresh ingredients from their kitchen garden at [**Rough Point**](#).

We mixed a basic pickling brine of vinegar, water, sugar, and salt, then added garlic, peppercorns, and fresh herbs from the garden to taste, along with sliced cucumbers, in a jar. Put the jar in the fridge, and 24-48 hours later, the pickles are ready! The best part? You can reuse the brine after the pickles are gone!

Thanks to our friends at the Newport Restoration Foundation. This was such a blast.



Building bright futures in Early Childhood Education

We are proud to welcome student interns from [**The Met School**](#) to the MLK Community Center. Lorena expressed interest in early childhood education and specifically requested the MLK Preschool Program because of the diverse, inclusive learning environment we provide for young children. She is

learning how a preschool classroom functions and is having so much fun with our littlest learners.
Great job, Lorena!



**Bringing the pantry to those who need help but
can't get to the Center**

FOOD 2 FRIENDS

Food delivery for homebound Newport County residents

ENJOY MONTHLY
VISITS AND CHECK-INS
FROM FRIENDLY MLK
VOLUNTEERS AND STAFF!



THIS PROGRAM IS
FOR EVERYONE!
ALL AGES AND
CIRCUMSTANCES ARE
CONSIDERED.

Every month, we deliver groceries, fresh produce, milk and eggs, frozen meat, toiletries, pet food, and household necessities to homebound residents in Newport County.

Reach out to enroll:

☎ 401.846.4828 x108 ✉ klawson@mlkccenter.org

Our **Food 2 Friends** program provides monthly deliveries of everything available in our Food Pantry to homebound people in Newport County.

Volunteers assemble requests for food, toiletries, pet food, and household necessities, then deliver them directly to Food 2 Friends clients with a friendly visit.

This program is open to anyone who needs the Food Pantry's support but struggles to leave home.

We will consider all ages and circumstances.

If you or anyone you know may benefit from this program, click the button below to reach out to Katrina Lawson, our Assistant Director of Hunger Services.

Contact us about Food 2 Friends!

FOOD 2 FRIENDS

Entrega de comida para residentes de Newport County
que no se quedan en casa

¡DISFRUTA DE VISITAS
MENSUALES Y
SEGUIMIENTOS DE
VOLUNTARIOS Y PERSONAL
AMABLES DE MLK!



¡ESTE PROGRAMA ES
PARA TODOS!
SE TIENEN EN CUENTA
TODAS LAS EDADES Y
CIRCUNSTANCIAS.

Cada mes, entregamos comida, productos frescos,
leche y huevos, carne congelada, artículos de
aseo, comida para mascotas y artículos
domésticos a residentes confinados en casa en
Newport County.

Contacta para inscribirte:



401.846.4828 x108



klawson@mlkccenter.org

Explore your creative side with ArtLink and the Newport Art Museum

Do you have any free time on Wednesdays at 10:00 a.m.? Looking to learn, practice, or just enjoy art? Come join ArtLink at the MLK Center and learn from [**Newport Art Museum**](#)'s teaching artist, Annabel Manning. You can draw, paint, collage, and more! Reach out to our Community Programs Manager, Erin Patel, to learn more and register.



Sign up now!

Beep! Beep! Here Comes the Mobile Food Pantry!



MOBILE FOOD PANTRY TRACKER



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COMMUNITY CENTER

The Mobile Food Pantry is coming your way! Here are next week's Mobile Food Pantry Locations:

Tuesday 10/20/2026:

- Apple Creek Apartments, 700 Windwood Dr. Tiverton RI 12:00 p.m. - 1:00 p.m.
- Bourne Mills, 1 Mill St. Tiverton RI 1:30 p.m. - 2:30 p.m.

Thursday 10/22/2026:

- Quaker Estates, 2368 E. Main Rd. Portsmouth RI 12:00 p.m. - 12:45 p.m.
- Anthony House, 51 Middle Rd. Portsmouth RI 1:15 p.m. - 2:00 p.m.
 - Residents Only

*All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry, **unless otherwise advised**. Please remember to bring your reusable bags.*

Download Our Monthly Calendars

[Download October Community Programs Calendar in English](#)

[Descargar Calendario de Programas Comunitarios de Octubre en Español](#)

[Download October Hunger Relief Calendar in English](#)

[Descargar Calendario de Combatir Del Hambre de Octubre en Español](#)



Our Contact Information

{{Organization Name}}

{{Organization Address}}

{{Organization Phone}}

{{Organization Website}}

{{Unsubscribe}}

Volunteer

Give



You are receiving this email because you opted in to join our email newsletter list.
We promise to never share your information with third parties, or spam you.