



DR. MARTIN LUTHER KING, JR. COMMUNITY CENTER

September 25, 2026

First day of Preschool for our littlest learners





The first few weeks of preschool can be quite an adjustment for our littlest learners. We are so proud of them for being brave and learning new things. Stay tuned throughout the year as we track their adventures! **You can follow us on social media using the buttons at the bottom of this newsletter or check this newsletter every Friday.**





With over 25 programs here at the Center, our volunteers and donations are critical to our work to support a stronger Newport County. Here are some shout-outs for standout friends of the Center during the past few weeks:



Our friends from the Rhode Island Social Skills Academy ([**RISSA**](#)) came to help us stock and organize our Food Pantry. Their positive energy and excitement are always a treat at the Center, and we love

their visits.

Volunteers from Rhode Island Energy rose to the occasion! After working hard in our Pantry, our Community Programs staff asked them for help setting up a toy house for The Kids' Wonder Lab. They struggled with the construction all morning, but our friends from **Rhode Island Energy** helped them figure it out. Structures like these are great for helping our young friends decompress if they become overstimulated by their activities. Thanks for your help!



The **Roger Williams University women's ice hockey team** reached out to us to see if they could help us with a food and toiletry drive. This week, they dropped off what they collected and toured the Center. After the tour, they expressed interest in returning to volunteer and stay involved with the Center. We commend their initiative and dedication to making a difference, and we wish them luck this season! Go Hawks!

Honoring Newport Mental Health with the Community Partner Award

Tickets are sold out for this year's Keeper of the Dream & Annual Meeting on Monday, October 19. We are thrilled to welcome so many of you as we celebrate and reflect on 2026.

We are proud to honor **Newport Mental Health** with the Keeper of the Dream Community Partner Award at this year's Keeper of the Dream & Annual Meeting.

A founding member of The Situation Table, Newport Mental Health is improving the lives of some of the most at-risk people in Newport and Middletown. Their Rhode Island Outreach team is in the community daily, making regular visits to our programs and providing integrated, evidence-based, recovery-oriented mental health and substance use care for MLK Community Center. NMH's work with the Overnight Warming Center ensures our most vulnerable neighbors have a warm and safe place to sleep during the coldest months of the year.

We are proud to have them as a partner as they save lives and make our community stronger.



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Newport Mental Health

COMMUNITY PARTNER

Our Education Programs are vibrant thanks to the Hamilton Family Charitable Trust

As the new school year kicks off, we want to thank the [**Hamilton Family Charitable Trust**](#) for partnering with us to provide access to high-quality Preschool, After School Academy, and Summer Camp programs for kids across Aquidneck Island! Together, we strengthen students' literacy and social-emotional skills, building strong foundations for school readiness and academic success.

Thank you, Hamilton Family Charitable Trust, for opening doors and powering so many bright futures!



**It's never too early to get into the holiday spirit,
right?**



MLK Friends Dinner

WED., SEPTEMBER 30, 5:30 - 6:30 P.M.
MIÉ., 30 DE SEPTIEMBRE, 5:30 - 6:30 P.M.

Join us for a Thanksgiving themed meal sponsored and served by:



Enjoy a sit down meal with friends and neighbors. First come, first served.

Le invitamos a que se sienten con nosotros y disfrute de una cena entre amigos. Por orden de llegada.



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For more information, email Erin Patel at epatel@mlkccenter.org or call 401-846-4828 x124

Para obtener más información, contactar Erin Patel a epatel@mlkccenter.org y 401-846-4828 x124

Fall is finally here, and we decided to really *lean* into it.

Join us next week for a Thanksgiving-inspired meal sponsored and served by **St. Mary's Episcopal Church**.

We can't wait to see you on Wednesday, September 30, from 5:30 p.m. to 6:30 p.m.

Time 2 C.H.I.M.E is back Thurs. October 1

Time 2 C.H.I.M.E. returns on Thursday, October 1, from 2:00 p.m. to 2:45 p.m.

Join us and trained professionals from **List Academy of Music** to engage with musical ensembles using hand chimes.

Music is excellent for health and wellness.

Come find your joy at Time 2 C.H.I.M.E.!

For more information and to register, click the button below to contact Maddie Dixon, our Community Programs Assistant.

Time 2 C.H.I.M.E

*Every 1st Thursday of the month from 2 - 2:45 p.m.
at the MLK from September 2026 - June 2027*



FIND HEALING AND JOY
THROUGH MUSIC!



Trained professionals from List Academy of Music will lead participants through musical sets with hand chimes.

To Register:



401.846.4828 x122



mdixon@mlkccenter.org

20 Dr. Marcus Wheatland Blvd. Newport RI



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LIST ACADEMY
of Music

Register now!

Tiempo para el Carillón

*Cada primer Jueves de mes de 2 - 2:45 p.m. en el
MLK de Septiembre de 2026 a Junio de 2027*



¡ENCUENTRA SANACIÓN Y ALEGRÍA
A TRAVÉS DE LA MÚSICA!



Profesionales formados de List Academy of Music guiarán a los participantes a través de conjuntos musicales con campanillas de mano.

Registrar:



401.846.4828 x122



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LIST ACADEMY
of Music

Thank you to our parking lot attendants for your hard work this summer!

We had a busy summer in Newport this year, didn't we? We are thankful for our parking lot attendants who staff the lot at [Citizens Bank](#) during the summer and into mid-October.

During banking hours, some spots are reserved for Citizens Bank customers, but when the bank is closed, the entire lot is open to the public. While rates vary, all proceeds benefit MLK Community Center programs.

We are grateful to Citizens Bank for this partnership, which creates jobs for our community members and helps support our programs.



Support our homebound friends and neighbors during Hunger Action Month

Did you know that the MLK made 1,491 deliveries to over 130 homebound seniors this past year with our [Food 2 Friends](#) program?

Mobility issues can create massive barriers for many of our friends and neighbors, and at the MLK we believe everyone deserves access to healthy food. To help support our local seniors during [Hunger Action Month](#) (and throughout the year!), click the link below to support the program. For more

information about the program, **please contact Amy Howell at ahowell@mlkccenter.org or 401.846.4828 x201.**

Contact Amy

Give now

Food 2 Friends Referral Form



Rinse & Renew, thanks to you!



Rinse & Renew

Free Showers at the MLK



Every Tuesday 8:00 a.m. - 1:00 p.m. April - October
 Private Mobile Shower Unit behind MLK Community Center
 20 Dr. Marcus Wheatland Blvd. Newport RI
Fresh towels, toiletries, underwear, socks, and t-shirts will be provided.
Free and Open to all: First come, first served.
The September 29 session is sponsored by:



Rinse & Renew continues this Tuesday, September 29, from 8:00 a.m. – 1:00 p.m. We are grateful for the community support that has allowed this program to run weekly since April.

Next week's session is proudly sponsored by the **Lady Ancient Order of Hibernians in Newport.** Thank you for helping us provide critical hygiene resources to our most vulnerable friends and neighbors in Newport County.



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Rinse & Renew

Duchas gratuitas en el MLK



Todos los Martes 8:00 a.m. - 1:00 p.m. Abril - Octubre

Unidad de Duchas Móviles Privada detrás del MLK Community Center

20 Dr. Marcus Wheatland Blvd. Newport RI

Se proporcionarán toallas limpias, artículos de aseo, ropa interior, calcetines y camisetas.

Gratis y abierto a todos: Por orden de llegada.

La sesión del 29 de Septiembre está patrocinada por:



Beep! Beep! Here Comes the Mobile Food Pantry!



MOBILE FOOD PANTRY TRACKER



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The Mobile Food Pantry is coming your way! Here are next week's Mobile Food Pantry Locations:

Thursday 10/01/2026:

- Pemberton Apartments, 45 Pemberton Ave. Jamestown RI 12:00 p.m. – 12:45 p.m.
- Bayside Village, 143 Third St. Newport RI 1:30 p.m. – 2:30 p.m.

*All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry, **unless otherwise advised**. Please remember to bring your reusable bags.*

Download Our Monthly Calendars

Download October Community Programs Calendar in English

Descargar Calendario de Programas Comunitarios de Octubre en Español

Download October Hunger Relief Calendar in English

Descargar Calendario de Combatir Del Hambre de Octubre en Español



Our Contact Information

{{Organization Name}}

{{Organization Address}}

{{Organization Phone}}

{{Organization Website}}

{{Unsubscribe}}

Volunteer

Give



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We promise to never share your information with third parties, or spam you.