



DR. MARTIN LUTHER KING, JR. COMMUNITY CENTER

September 18, 2026

Liz Davis honored with Content of Character Award

We are proud to honor Liz Davis with the Content of Character Award at the 2026 Keeper of the Dream & Annual Meeting.

From the minute Liz walks through the door, the MLK becomes a happier place. She is a warm and positive presence, always ready to lend a hand, volunteering 800+ hours at the MLK. Her volunteer roles range from preparing healthy breakfasts, lunches, and snacks to stocking the pantry and being an ambassador for the MLK, ensuring everyone finds the programs and services they need. Her selfless generosity to the MLK and Community Baptist Church makes her an invaluable part of our community.

Join us in honoring Liz on Monday, October 19, from 5:30 p.m. - 7:30 p.m. RSVP before October 2 with the button below.

RSVP Now!



A bittersweet Summer send-off with The Camelia Latin Dance Band

What a special night! **The Camelia Latin Dance Band** performed for our last Live from the Loading Dock - Parkside summer concert. They played classic merengue, salsa, cumbia, and bachata songs. We couldn't help but dance! Check out the video below for our favorite moments.

Thank you to everyone who came to the shows and spent the summer with us. This is one of our favorite programs! We are incredibly grateful to **Teri Degnan Real Estate & Consulting LTD** for

sponsoring the summer concert series and ensuring it is free and open to all in Newport County. We had such a blast with you all this summer.



We need your help with the most important meal of the day

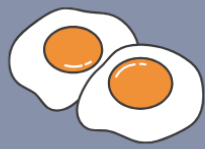
Did you know that last year we provided over 38,000 hot morning meals for Newport County? That's all thanks to our volunteers. **We need breakfast cooks to help out on Tuesdays and Fridays from 6:15 a.m. to 8:00 a.m.**

Start your morning right with the most important meal of the day and make a difference. **Reach out to our Volunteer Manager to get started by clicking the button below!**



BREAKFAST VOLUNTEERS NEEDED

Daily Breakfast is one of our most critical programs.
We need your help.



BREAKFAST COOKS

🕒 Tuesdays and Fridays 6:15 a.m. - 8 a.m.



HOLLIE JOHNSON,
VOLUNTEER MANAGER

📞 401.846.4828x103

✉️ hjohnson@mlkccenter.org

WILL YOU HELP?



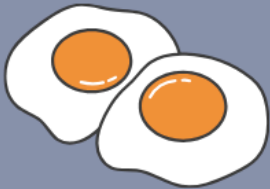
DR. MARTIN LUTHER KING, JR.
COMMUNITY CENTER

I want to join the MLK for breakfast



NECESITAMOS VOLUNTARIOS PARA EL DESAYUNO

El desayuno diario es uno de nuestros programas más críticos. *Necesitamos su ayuda.*



COCINEROS DE DESAYUNO

🕒 Martes y Viernes 6:15 a.m. - 8 a.m.



HOLLIE JOHNSON,
COORDINADORA DE VOLUNTARIOS



401.846.4828x103



hjohnson@mlkccenter.org



¿AYUDARÁS?



DR. MARTIN LUTHER KING, JR.
COMMUNITY CENTER

**Support Newport County kids during
Hunger Action Month**

Rhode Island's latest reports with the KIDS COUNT's annual Factbook show a **32% child poverty rate in Newport - the second-highest rate in the state**. That's why the MLK Community Center's education programs for students in pre-K-grade 5 include healthy, nutritious snacks and meals at no extra cost.

Click the button below and support Newport County students during **Hunger Action Month** to provide daily breakfast, lunch, and snacks for dozens of MLK kids.

Provide healthy meals for Newport County students



National recognition for the Ladies Ancient Order of Hibernians



Congratulations to our friends from the Ladies Ancient Order of Hibernians for being nationally recognized for the chapter's dedication to their mission and philanthropy.

We are grateful that you chose the MLK Community Center to benefit from your Appeal for Aid Request at the 103rd National Convention this past July.

Your generous support will improve the lives of friends and neighbors across Newport County. Thank you!

Find your sense of wonder in The Kids' Wonder Lab

You and your child will find a sense of wonder in The Kids' Wonder Lab at the MLK!

We have open spots in our popular sensory learning program for children aged 18 months to 4 years old. The program is free and designed to build developmental and social skills through immersive activities. Kids play with kinetic sand, light tables, music, water-based activities, and more. Check out the video below to see The Wonder Lab in action.

The class runs for 10 weeks this fall with sessions every Monday from 9:15 a.m. – 10:30 a.m., and 11:00 a.m. – 12:15 p.m. Click the button below to register. We can't wait to see you there!

Sign me up!



Local high school senior takes "Plates from the Past" to feed the future

Newport's Lawson Graybill channeled his passions for history and food into civic action.

A senior at The Prout School, Lawson created "Plates from the Past" on Instagram and TikTok as part of a school project and **generously donated the proceeds to the MLK to help prevent hunger and build community in Newport County.**

"Food is important in fueling both ancient empires and, equally, our local communities," Lawson reflected. "I want to support all the people that make Newport such an amazing place."

Use the buttons below to check out plates.from.the.past on Instagram and TikTok and make sure to follow MLK on our socials with the icons at the bottom of the newsletter.

LAWSON GRAYBILL IB CAS PROJECT

THANKS TO YOUR SUPPORT OVER \$1425+RAISED



FOR EVERY \$100, ~100 HOT BREAKFASTS SERVED



**DR. MARTIN LUTHER KING, JR.
COMMUNITY CENTER**

Plates.from.the.past on Tik Tok

Plates.from.the.past on Instagram

Hi-Ya! Our campers have yellow belts, Powered by Prince!

Our friends from **Newport Martial Arts** invited our summer campers to their facility in Middletown for a pizza party and yellow belt graduation. Throughout the summer, our kids enjoyed karate lessons here at the Center, 'Powered by Prince,' thanks to a grant from the **Frederick Henry Prince Memorial Fund at Newport Hospital**.

Our kids loved traveling to Middletown to train at Newport Martial Arts and celebrate their hard work. Thank you to Newport Martial Arts for this special end-of-summer celebration.





445 showers at Rinse & Renew, thanks to you!


DR. MARTIN LUTHER KING, JR.
COMMUNITY CENTER

Rinse & Renew

Free Showers at the MLK



Every Tuesday 8:00 a.m. - 1:00 p.m. April - October
Private Mobile Shower Unit behind MLK Community Center
20 Dr. Marcus Wheatland Blvd. Newport RI

Fresh towels, toiletries, underwear, socks, and t-shirts will be provided.
Free and Open to all: First come, first served.

The September 22 session is sponsored by:



Thanks to your generosity, our **Rinse & Renew shower program has provided 445 showers to 74 individuals since April 2026.** Everyone deserves to be clean and healthy, and we're grateful for your continued support.

Our next session is sponsored by **Jamestown Real Estate.** Thank you for ensuring that our community's most vulnerable friends and neighbors have access to critical hygiene resources.



Rinse & Renew

Duchas gratuitas en el MLK



Todos los Martes 8:00 a.m. - 1:00 p.m. Abril - Octubre

Unidad de Duchas Móviles Privada detrás del MLK Community Center
20 Dr. Marcus Wheatland Blvd. Newport RI

Se proporcionarán toallas limpias, artículos de aseo, ropa interior, calcetines y camisetas.

Gratis y abierto a todos: Por orden de llegada.

La sesión del 22 de Septiembre está patrocinada por:



Beep! Beep! Here Comes the Mobile Food Pantry!



MOBILE FOOD PANTRY TRACKER



DR. MARTIN LUTHER KING, JR.
COMMUNITY CENTER

The Mobile Food Pantry is coming your way! Here are next week's Mobile Food Pantry Locations:

Tuesday 9/22/2026:

- West House, 417 Forest Ave. Middletown RI 12:00 p.m. – 1:00 p.m.
 - Residents Only
- Lucy's Hearth, 19 Valley Rd. Middletown RI 1:30 p.m. – 2:30 p.m.
 - Residents Only

Thursday 9/24/2026:

- Quacker Estates, 2368 E. Main Rd. Portsmouth RI 12:00 p.m. – 1:00 p.m.
- Anthony House, 51 Middle Rd. Portsmouth RI 1:30 p.m. – 2:30 p.m.
 - Residents Only

*All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry, **unless otherwise advised**. Please remember to bring your reusable bags.*

Download Our Monthly Calendars

[Download September Community Programs Calendar in English](#)

[Descargar Calendario de Programas Comunitarios de Septiembre en Español](#)

[Download September Hunger Relief Calendar in English](#)

[Descargar Calendario de Combatir Del Hambre de Septiembre en Español](#)



Our Contact Information

{{Organization Name}}

{{Organization Address}}

{{Organization Phone}}

{{Organization Website}}

{{Unsubscribe}}

[Volunteer](#)

[Give](#)



You are receiving this email because you opted in to join our email newsletter list.
We promise to never share your information with third parties, or spam you.