



DR. MARTIN LUTHER KING, JR.
COMMUNITY CENTER

October 3, 2025



The U.S. federal government is shut down. **The MLK Community Center isn't.**
(Thankfully, we don't rely on federal funding to sustain our programs.)

If you need help, we are here for you.

If you are one of the many generous people who make that help possible, *Thank you.*

CHIME with List Academy of Music



Thanks to Heidi List Murphy and Lauren Ceres of the [List Academy of Music](#) for demonstrating the CHIME program this week. Check out our Lunch & Learners rendition of the Star Spangled Banner in this [Cognitive Health Interactive Music Ensemble Program](#).

Can you help October 11 or 12?

It's almost time for the Newport Marathon and that means we're gearing up to bring a big crew of volunteers to the event. We need to fill a few more slots:

Saturday October 11th 11:30 am - 5:00 pm

Sunday October 12th 5:15 am - 7:30 am (*Early Birds, we're looking at you!*)

The MLK is a charitable beneficiary of the race. By giving just a few hours of your time, you help sustain over 25 critical programs.

Contact Becky to sign up: rrichard@mlkccenter.org or 401.846.4828 ext 103

Amica

NM NEWPORT
MARATHON

Keeper of the Dream & Annual Meeting Monday, October 20 5:30 - 7 p.m.

The Keeper of the Dream and Annual Meeting of 2025 is just around the corner. We will have hors d'oeuvres and drinks to celebrate after we recognize our honorees and accomplishments of the year.

The event will run from 5:30 p.m. to 7:00 p.m. on Monday, October 20. The event is free and open to anyone in the community.

Please RSVP by October 8.

[Click here to Register and RSVP.](#)

**KEEPER
of the DREAM
& ANNUAL MEETING**

Honoring those whose outstanding commitment to the Center most embodies the ideals of Dr. King

Congratulations to:

Keeper of the Dream
Jerry Kirby

Keeper of the Dream - Community Partner
Citizens Bank - Washington Square Branch

Content of Character Award
Ginny Gilman

RSVP by Oct. 8




DR. MARTIN LUTHER KING, JR.
COMMUNITY CENTER

Monday, October 20, 2025
5:30 p.m. - 7:00 p.m.

MLK Community Center
20 Dr. Marcus Wheatland Blvd
Newport RI 02840



**KEEPER
of the DREAM
& ANNUAL MEETING**

Honrando a quienes, con su extraordinario compromiso con el Centro, encarnan de la mejor manera los ideales del Dr. King.

Felicitaciones a:

Guardián del sueño
Jerry Kirby

Guardián del sueño - Socio de la comunidad
Citizens Bank - Washington Square Branch

Premio al contenido del personaje
Ginny Gilman

Confirme su asistencia antes del 8 de octubre




DR. MARTIN LUTHER KING, JR.
COMMUNITY CENTER

Lunes, 20 de Octubre de 2025
5:30 p.m. - 7:00 p.m.

MLK Community Center
20 Dr. Marcus Wheatland Blvd
Newport RI 02840



**Click Here to
Register and RSVP**

Flu shot clinic October 14

Fight the flu this winter. Get a flu shot on October 14th, thanks to our friends at **Visiting Nurse Home & Hospice**

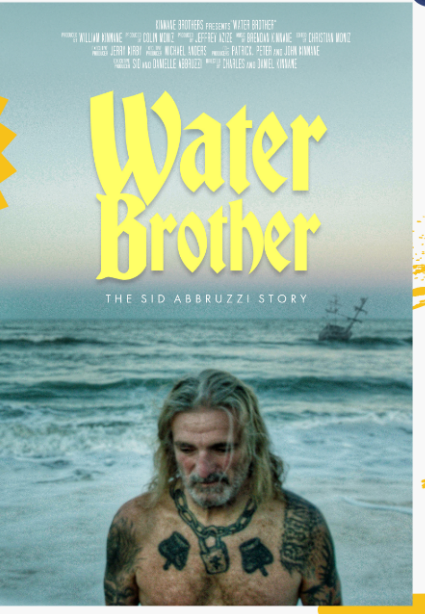
FREE FLU SHOT CLINIC  <i>Fight the flu!</i> Tuesday, Oct. 14, 7:30 a.m. - 10:00 a.m. @ MLK Community Center 20 Dr. Marcus Wheatland Blvd., Newport Edward St. entrance - Must be a Rhode Island resident - Shots are for ages 19 and up - First come first served - Bring insurance card Visiting Nurse Home & Hospice Dr. Martin Luther King, Jr. COMMUNITY CENTER For more information, VisitingNurseHH.org	CLÍNICA GRATIS DE VACUNACIÓN CONTRA LA GRIPE  <i>¡Lucha contra la gripe!</i> Martes, 14 Oct., 7:30 a.m. - 10:00 a.m. MLK Community Center 20 Dr. Marcus Wheatland Blvd., Newport (Edward St.) - Las vacunas son para las edades de 19 en adelante - Por orden de llegada - Debe ser residente de Rhode Island - Se recomienda traer su tarjeta de seguro, pero no es necesario Visiting Nurse Home & Hospice Dr. Martin Luther King, Jr. COMMUNITY CENTER Para más información, VisitingNurseHH.org
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Save the Date: Water Brother at the MLK

Mark your calendars for Wednesday, October 15th for a free screening of **Water Brother: The Sid Abbruzzi Story**.

We're grateful to our partners **Waterbrothers** and **newportFILM**.

**NOW
STREAMING
ON APPLE TV &
AMAZON
PRIME**



We'll provide candy, popcorn, and soda, but bring your own blankets and chairs!

Film Screening at the MLK
Wednesday, October 15 6:00 p.m. - 8:30 p.m.
Film begins promptly at 7:00 p.m.
 Basketball Courts Behind the MLK | 20 Dr. Marcus Wheatland Blvd., Newport
 Free and Open to All
 Film Rated PG-13 Parental Discretion Advised


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 newport 

A few spaces left in Preschool



These smiles tell the story: **Preschool at the MLK** is a special place. We have a few opening for children aged 3 - 5. Preschool offers high quality early childhood education with lots of time for creative play. Breakfast, lunch, and snacks are provided. Generous needs-based scholarships are offered.

To register, reach out to Missy Davis at mdavis@mlkccenter.org or 401.846.4828 ext. 117

A frosty 10K for the MLK this December

Our friends at Gray Matter Marketing is bringing another great event to the community. Presented by the **Fitzpatrick Team REMAX Results**, the inaugural Newport Winter 10K is **Sunday, December 7, 2025**. Are you interested in running around Newport's Famed Ocean Drive and receiving branded gear ... while supporting the Center? We're grateful to be the race's charitable partner.

[Click Here to go to the race website and learn more.](#)

[Click Here to register.](#)



Welcoming the Food Bank's new CEO



RI Community Food Bank's new CEO **Melissa Cherney** visited the MLK last week as part of her tour of Food Bank member agencies across Rhode Island. We discussed the challenges of meeting the need for hunger relief and how we distribute over 1,300,000 meals annually.

Photo Credit: The Providence Journal

Books for the Birthing Center

Here's a photo of our "Book Lady" Judy preparing books for our community's newest members.

Thanks to Dolly Parton's Imagination Library, every infant born at Newport Hospital's Birthing Center goes home with a copy of *The Little Engine that Could*, and an invitation to enroll in the monthly book-gifting program. The Imagination Library is always free for families; thanks to the Bazarsky Family Foundation, the program is fully funded at the MLK.

[Click here to register your child](#) to receive every month until their fifth birthday.



Hot and Healthy Cereals

Clients choose two breakfast items when they visit the food pantry: a bag of oatmeal and a box of cereal. We serve about 1,000 families a month. That's **2,000 cereal items we need to source every month.**

Can you help keep breakfast bowls full with a donation of oatmeal (instant, quick-cook, or old-fashioned) or hearty and healthy cereals of wheat, bran, oats, rice, or corn?

We receive donations Monday – Friday 8:30 a.m. – 5:00 p.m. at the Loading Dock. Ring the bell at the Donations and Deliveries door and we'll be glad to receive your donation.

Don't have time to shop? You can make a donation to the food pantry and we will do the shopping for you. [Just click here!](#)

Thank you.



Give to the Food Pantry

Beep! Beep! Here Comes the Mobile Food Pantry!



Here's next week's Mobile Food Pantry Locations

Monday 10/06/25:

Tiverton Housing Authority, 99 Hancock St. Tiverton RI 12:00 p.m. - 1:00 p.m.

Tuesday 10/07/25:

Oxbow Farms, 80 Rogers Ln. Middletown RI 12:00 p.m. - 1:00 p.m.

Lucy's Hearth, 19 Valley Rd. Middletown RI 1:00 p.m. - 2:00 p.m.

Thursday 10/09/25:

Pemberton Apartments, 45 Pemberton Ave. Jamestown RI 12:00 p.m. - 1:00 p.m.

Bayside Village, 143 Third St. Newport RI 1:15 p.m. - 2:15 p.m.

All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry. Please remember to bring your reusable bags.

PROGRAM CALENDAR

Download October calendar Here

Descargue el Calendario

del Octubre Aquí



Our Contact Information

{{Organization Name}}
{{Organization Address}}
{{Organization Phone}}
{{Organization Website}}

{{Unsubscribe}}

Volunteer

Give



You are receiving this email because you opted in to join our email newsletter list.
We promise to never share your information with third parties, or spam you.