

October 10, 2025

Registration for Holiday Help Starts Tuesday, October 14



Don't forget! Registration for our Holiday Help starts after this weekend.

Registration for both Thanksgiving and Holiday programs starts Tuesday, October 14 from 10:00 a.m. to 2:00 p.m. in person at the Center.



We're closed Monday but will reopen Tuesday



Keeper of the Dream & Annual Meeting Monday, October 20 5:30 - 7 p.m.



The Keeper of the Dream and Annual Meeting of 2025 is just around the corner. We will have hors d'oeuvres and drinks to celebrate after we recognize our honorees and accomplishments of the year.

The event will run from 5:30 p.m. to 7:00 p.m. on Monday, October 20. The event is free and open to anyone in the community.

Due to limited space, registration is required. *Click here to Register and RSVP.*

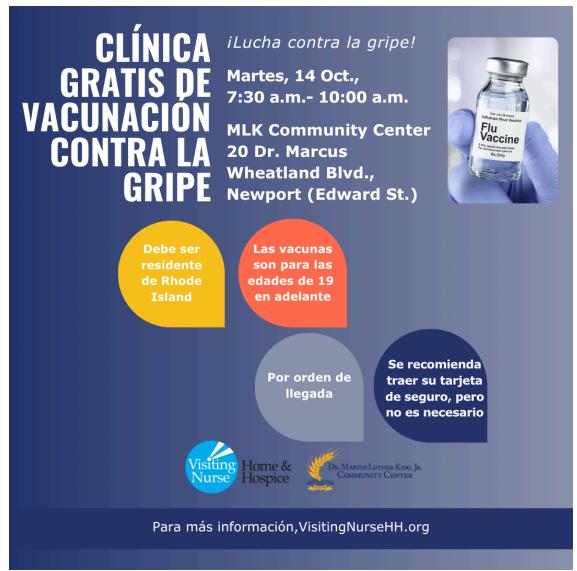
Click Here to Register and RSVP



Flu shot clinic October 14

Fight the flu this winter. Get a flu shot on October 14th, thanks to our friends at <u>Visting Nurse</u> <u>Home & Hospice.</u>

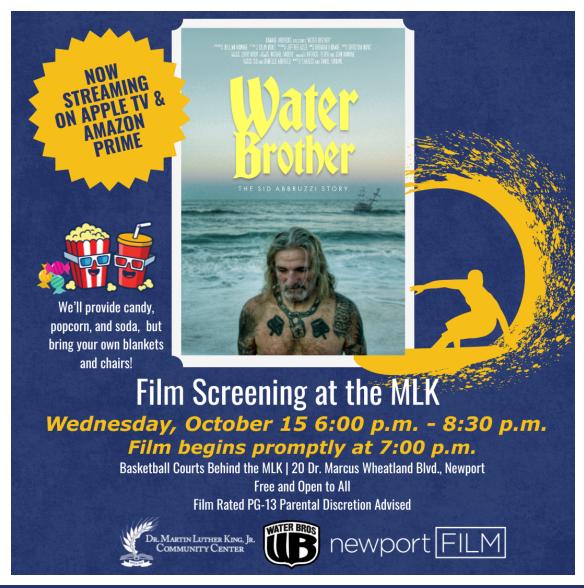




Wednesday: Water Brother at the MLK

Mark your calendars for Wednesday, October 15th for a **free outdoor screening** of **Water Brother: The Sid Abbruzzi Story.** We will provide popcorn, candy, and soda (all the movie essentials, obviously!) but please make sure to bring blankets, chairs, and to dress warm.

We're grateful to our partners **Waterbrothers** and **newportFILM**.



ArtLink is Taking a Field Trip: Free Tour of The Newport Art Museum

If you're a regular at ArtLink or looking to join in, next week's activity is a must. We will be going on a field trip for a free tour of The Newport Art Museum. Meet at the museum at 10:00 a.m. on Wednesday, October 15 and get inspired!

ArtLink is an inclusive art program in partnership with The Newport Art Museum. It is normally scheduled every Wednesday at 10:00 a.m. at the Center.



Aquidneck Resilience at Lunch & Learn

All older adults are welcome to join us Wednesday October 15th for an important Lunch & Learn. **Aquidneck Resilience** will share how our community can be ready for inevitable storms and rough weather. The group is a collaboration between The City of Newport, The Town of Middletown, The Town of Portsmouth, and Naval Station Newport, and is proudly hosted by the Aquidneck Land Trust.



Aquidneck Resilience is an island-wide initiative focused on developing actionable strategies and implementing projects to increasing our community's ability to prepare for and respond to more frequent and intense weather events.



Wednesday, October 15 @ 12:00 p.m.

@ MLK Community Center 20 Dr. Marcus Wheatland Blvd., Newport Free and open to all older adults in Newport County!

Hot and Healthy Cereals

Clients choose two breakfast items when they visit the food pantry: a bag of oatmeal and a box of cereal. We serve about 1,000 families a month. That's **2,000 cereal items we need to source every month**.

Can you help keep breakfast bowls full with a donation of oatmeal (instant, quick-cook, or old-fashioned) or hearty and healthy cereals of wheat, bran, oats, rice, or corn?

We receive donations Monday – Friday 8:30 a.m. – 5:00 p.m. at the Loading Dock. Ring the bell at the Donations and Deliveries door and we'll be glad to receive your donation. **Don't have** time to shop? You can make a donation to the food pantry and we will do the shopping for you. Just click here!

Thank you.



Give to the Food Pantry

Beep! Beep! Here Comes the Mobile Food Pantry!



Here's next week's Mobile Food Pantry Locations

Tuesday 10/14/25:

Festival Field, 90 Girard Ave. Newport RI 12:00 p.m. - 1:00 p.m.

Thursday 10/16/25:

Donovan Manor, 19 Chapel St. Newport RI 12:00 p.m. - 1:00 p.m. Edgar Court Cul-de-sac Newport RI 1:00 p.m. - 2:00 p.m.

All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry. Please remember to bring your reusable bags.

PROGRAM CALENDAR

Download October calendar Here

Descargue el Calendario del Octubre Aquí









Our Contact Information

- *{{Organization Name}}*

- *{{Organization Address}}*
 {{Organization Phone}}
 {{Organization Website}}

{{Unsubscribe}}

Volunteer

Give



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