



# September 5, 2025

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## Celebrating Hunger Action Month

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September is **Hunger Action Month** and we're spreading awareness and highlighting our hunger services.

We have 11 programs at the Center dedicated to hunger relief. Let's break it down:

- 1,392,332 meals distributed - 20% more than last year
- 38,065 hot breakfasts provided
- 1,396 deliveries to homebound seniors - 7% more than last year
- 180 Mobile Food Pantry visits to 17 neighborhoods in Newport County.
- 85,570 meals distributed from our Middletown High School and Tiverton High School Food Pantries
- 2,320 people from 901 families received Thanksgiving meals

We are able to provide these essential services to our community thanks to you and your support. You can use the buttons below to volunteer, make a gift to our hunger programs, or find our calendar to keep up with events and services.

[Volunteer](#)[Give](#)[Calendar](#)

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## Tomato Products Needed!

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ToMAYto? ToMAHto? However you pronounce it, and whether it's crushed, whole, prepared sauce, stewed, paste or diced, **we need tomato products in our food pantry**. Tomatoes are the basis for so many meals and everyone who uses the Food Pantry asks for them.

**We struggle to keep tomato products on the shelves. Can you help?**

We receive donations Monday – Friday 8:30 a.m. – 5:00 p.m. at the Loading Dock. Ring the bell at the Donations and Deliveries door and we'll be glad to receive your donation. **Don't have time to shop? You can make a donation to the food pantry and we will do the shopping for you. [Just click here!](#)**



Give to the Food Pantry

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## Back to School!

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The new school year has started! We sent our oldest preschoolers to Kindergarten and welcomed new faces in both Preschool and After School.

The preschoolers had a great first day playing outside and enjoying a healthy lunch of Caesar wraps and fruit. Our fifth graders walked over from Thompson Middle School to wait for the bus to drop off the younger kids.

We are so excited to make more great memories with our students this school year!






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## Our Furry Friends are Part of the Community Too!

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The Vaccine and Microchip Clinic was amazing! We are so grateful to the [Potter League](#) for bringing this program to the MLK to help our community get the healthcare they need for their pets.

Looking for more ways to help? Did you know that we have pet food in our Food Pantry? **If you have spare dog and cat food, you can drop it off at our loading dock from 8:30 a.m. to 5:00 p.m.**




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## Calling All Bookworms!

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Have you ever noticed our Little Free Library by our Preschool entrance? Next time you are walking down Dr. Marcus Wheatland Blvd. make sure to check it out.

We try to have a selection of books for all ages. And inside there's a QR for more info on the [Imagination Library](#).

Special thanks to the Bazarsky Family Foundation for this special gift to the Center.



Take a book (leave a book if you can!) and enjoy!



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## Building Community with Salve

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We were happy to welcome incoming **Salve freshmen** to the Center as they settle into the community. As part of their Service Plunge, they toured the Center, learned about what we do, made cards for Food 2 Friends participants, and served guests at our last MLK Friends Dinner.

It was our pleasure to welcome them to Newport!



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## Keep Your Information Safe

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This week Nicole from the **Better Business Bureau of Boston** spoke with our friends at Lunch & Learn about how to identify and protect themselves from fraud and scams. It was great to have such an informative conversation over a yummy lunch!

Please join us every first and third Wednesday of the month if you are an older adult in Newport County looking to learn, to socialize, and to enjoy a nice meal.



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## You're Invited!

**Save these Dates!** We have two special events coming up at the MLK:

1. **Live from the Loading Dock - Parkside: Toe Jam Puppet Band Wednesday, September 24 5:30 p.m. - 6:15 p.m.** Join us for a family friendly event. Food and drinks will be provided, but as always, make sure to bring blankets and chairs. We hope to see you for our last summer concert series event of 2025!
2. **Keeper of the Dream and Annual Meeting: Monday, October 20 5:30 p.m. - 7:00 p.m.** This event is free and open to everyone in the community. Please join us as we celebrate our 2025 honorees, reflect on last year, welcome new board members, and thank retiring board members for their service. ***Stay tuned for details.***

We hope to see you there!

## Upcoming MLK Events



SEPT.  
24



### Live from the Loading Dock - Parkside: Toe Jam Puppet Band

The last show of our summer concert series will be a family event with Toe Jam Puppet band from 5:30 p.m. to 6:15 p.m. Enjoy dinner and a show a a family!

OCT.  
20



### Keeper of the Dream and Annual Meeting

This event is free and open to everyone in the community. Join us from 5:30 p.m. - 7:00 p.m. as we celebrate this year's Keeper of the Dream honorees and our accomplishments for 2025!

MORE INFORMATION ABOUT MLK EVENTS AT [WWW.MLK.ORG/PROGRAMS-AND-SERVICES/EVENTS/](http://WWW.MLK.ORG/PROGRAMS-AND-SERVICES/EVENTS/)

## We Have Openings in Preschool



We still have openings in Preschool! Our program runs Monday - Friday from 8:30 a.m. to 5:00 p.m. for children ages 3 - 5. A healthy breakfast, lunch, and snack is provided each day.

The program focuses on social and emotional learning as well as academic activities, and last but not certainly not least, there is plenty of time for playing outside and a whole lot of fun!

If you would like to enroll your child, [click here](#) or use the button below to reach out to our Director of Education, Missy Davis.



## MLK Preschool Openings

### Aperturas de preescolar en MLK

**Missy Davis**

*Director of Education*



**401.846.4828 x117**



**[mdavis@mlkccenter.org](mailto:mdavis@mlkccenter.org)**



Ages 3 -5

Breakfast, Lunch & Snack  
Social and emotional learning  
Outside Play

Eudades 3 -5

Desayuno, almuerzo y merienda  
Aprendizaje social y emocional  
Juego al aire libre

**ENROLL NOW**

**INSCRÍBETE AHORA**

Enroll Now

## Beep! Beep! Here Comes the Mobile Food Pantry!



Here's next week's Mobile Food Pantry Locations:

**Monday 9/08/25:**

Tiverton Housing Authority, 99 Hancock St. Tiverton RI 12:00 p.m. - 1:00 p.m.

**Tuesday 9/09/25:**

Festival Field, 90 Girard Ave. Newport RI 12:00 p.m. - 1:00 p.m.

**Thursday 9/11/25:**

Pemberton Apartments, 45 Pemberton Ave. Jamestown RI 12:00 p.m. - 1:00 p.m.

Bayside Village, 143 Third St. Newport RI 1:15 p.m. - 2:15 p.m.

*All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry. Please remember to bring your reusable bags.*

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## PROGRAM CALENDAR

Download September calendar Here

Descargue el Calendario

del Septiembre Aquí



**Our Contact Information**

\*{{Organization Name}}\*  
\*{{Organization Address}}\*  
\*{{Organization Phone}}\*  
\*{{Organization Website}}\*  
  
\*{{Unsubscribe}}\*

**Volunteer**  
  
**Give**



You are receiving this email because you opted in to join our email newsletter list.  
We promise to never share your information with third parties, or spam you.