



## DR. MARTIN LUTHER KING, JR. COMMUNITY CENTER

# July 18, 2025

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## A Newport Summer to Remember for Our Campers

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Our Summer Campers had a busy week getting active with fun activities found only in Newport!

They had the unique opportunity to get lessons from **Newport Contemporary Ballet** on the stage at the Great Friends Meeting House that's set up for the **Newport Dance Festival**. Not everyone can say they've danced on stage with a trained ballerina!

**Sail Newport** is a long time partner of Summer Camp, giving our kids sailing lessons in one of the most iconic sailing towns in the world. Their smiles say it all!

Our campers also visited the new **Friends of Newport Skatepark** and skated with legendary Surfing and Skateboarding pros, **Sid Abbruzzi** and **Donny Barley**.



Support Summer Camp

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## Come See The Ravers on July 23

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Mark your calendars for **Wednesday, July 23 from 5:30 p.m. to 7:00 p.m.**

Newport Reggae Icons, **The Ravers**, are coming to the Center for our Summer Concert Series, Live from the Loading Dock - Parkside.

**The performance will be held in the pocket park across from the MLK's Edward Street entrance.**

As always, food and drinks will be provided, but make sure you bring your own blankets and chairs. We can't wait to see you there!



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## Rinse & Renew Supported by Newport Hospital - Brown University Health

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This week's Rinse & Renew session is made possible with the generous support of **Newport Hospital - Brown University Health**.

Anyone seeking a free and private shower is welcome next **Tuesday, July 22 from 9:00 a.m. to 2:00 p.m.**



**Rinse & Renew**  
*Free Showers at the MLK*

Tuesday, July 22, 9:00 a.m. - 2:00 p.m.  
Mobile Shower Unit behind MLK Community Center  
20 Dr. Marcus Wheatland Blvd. Newport RI

*Towels and toiletries will be provided. Clean underwear and socks will be available.*  
**Free and Open to all: First come, first served.**

This Session is Sponsored By:  
**Newport Hospital - Brown University Health**

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## A Rainbow of Fresh Produce

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This Thursday, Produce to the People was packed with a wide variety of fresh fruits and vegetables.

Check out this great video!



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## Bank Rhode Island Food Drive

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Our friends at [\*\*BankRI\*\*](#) are holding their annual statewide Summer Food Drive from now until August 15. Their [\*\*Middletown\*\*](#) and [\*\*Newport\*\*](#) branches are collecting food donations to help stock our Food Pantry.

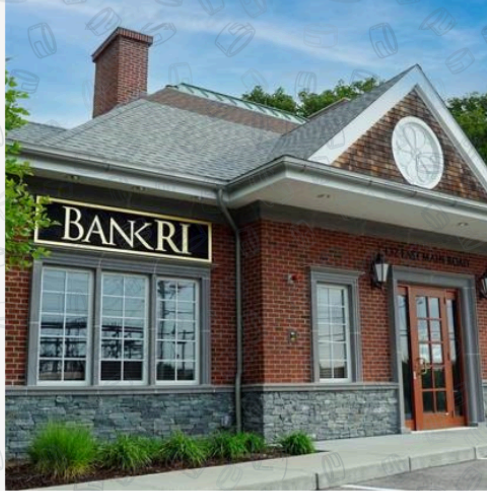
Stop by BankRI with non-perishable food items like peanut butter, canned tuna, pasta, cereal, rice, etc. and contribute to helping the MLK provide over 1.3 million meals a year.

We are so grateful to BankRI for supporting the MLK and food pantries around the state.



# BankRI Annual Summer Food Drive

Bank Rhode Island's Middletown and Newport locations will benefit the MLK from now **until August 15**. Donate Non-perishable items to their drive to support our Food Pantry!



132 E Main Rd, Middletown RI 02842



181 Bellevue Ave, Newport RI 02840



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BANKRI

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## Learning Math and Science with Sweet Treats

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Our wonderful friend Kaity came to the Center during the past few weeks to teach our Preschoolers about how baking can be used as a fun method to learn math and science skills.

She taught them how to make edible cookie dough, how to decorate sugar cookies, and she made them a fantastic cook book for them to take home and continue learning. The kids loved it!

Thank you so much Kaity! Make sure to check out her [Instagram](#). She is a very talented baker!



## Don't Forget About Thoughtful Tuesdays!

Thoughtful Tuesdays at **Newport Harbor Resort's Torpedo Bar & Lounge** runs all month long!

Stop by for a delicious meal with breathtaking views. Thanks to the generosity of Newport Harbor Resort, 10% of your bill benefits the Center's 25+ programs that benefit Newport County.



## Canned Protein Needed!

Protein is a crucial part of our diet. We offer frozen meat in the Food Pantry, and shelf stable protein too. Canned proteins like tuna, chicken, SPAM, salmon, etc. are important items in the Food Pantry. We are running low, and your donations can help meet the need.

We receive donations Monday – Friday 8:30 – 5:00 at the Loading Dock. Ring the bell at the Donations and Deliveries door and we'll be glad to receive your donation. **Don't have time to shop? You can make a donation to the food pantry and we will do the shopping for you. [Just click here!](#)**





Give to the Food Pantry

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**Beep! Beep! Here Comes the Mobile Food Pantry!**

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Here's next week's Mobile Food Pantry Locations:

**Monday 7/21/25:**

Quaker Estates, 2368 E. Main Rd. Portsmouth RI 12:00 p.m. - 1:00 p.m.

**Tuesday 7/22/25:**

Apple Creek Apartments, 700 Windwood Dr. Tiverton RI 12:00 p.m. - 1:00 p.m.

**Thursday 7/24/25:**

West House, 417 Forest Ave. Middletown RI 12:00 p.m. - 1:00p.m.

*All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry. Please remember to bring your reusable bags.*

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## PROGRAM CALENDAR

Download July calendar Here

Descargue el Calendario

del Julio Aquí



**Our Contact Information**

\*{{Organization Name}}\*  
\*{{Organization Address}}\*  
\*{{Organization Phone}}\*  
\*{{Organization Website}}\*  
  
\*{{Unsubscribe}}\*

**Volunteer**  
  
**Give**



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We promise to never share your information with third parties, or spam you.