

June 20, 2025

"I feel like a million-dollar man!"

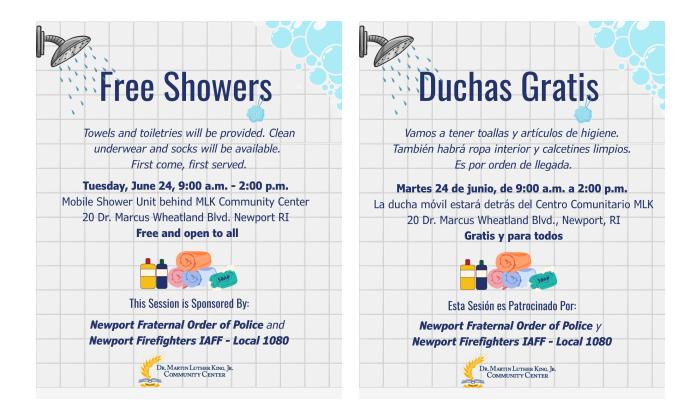
Personal hygiene is something most of us take for granted. Many of the people we serve can't take hygiene for granted.

There's a lack of community resources for showering so we are addressing the gap. Every two weeks, we will offer a free showering session to those without access to facilities to shower. We have a trailer that offers dignity and privacy with three separate stalls with individual entrances. We provide soap, shampoo, and fresh towels.

One guest exclaimed, "I feel like a million-dollar man!" after finishing up.

The next showering session is Tuesday, **June 24 from 9:00 a.m. - 2:00 p.m.** We are seeking sponsors to continue offering this critical program for our community. To learn more about sponsorships, reach out to **Alyson Novick by clicking here**. To make a donation, click the link below.

We are grateful to the **Newport Fraternal Order of Police** and the **Newport Firefighters IAFF Local 1080** for jointly sponsoring our next shower session on June 24th.



Support the Shower Program

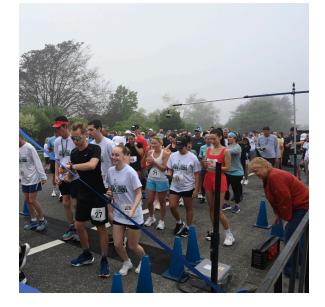
Charlie Holder, Sr. Memorial 5K 2025

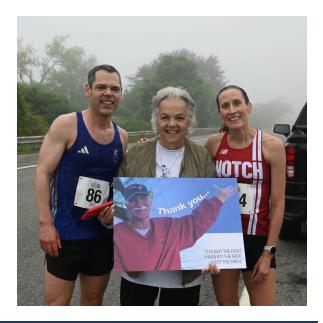


We are so grateful to everyone who helped make the second annual Charlie Holder, Sr. Memorial 5K such a success this year. Thanks to the Holder Family for creating this wonderful testament to Charlie and supporting two local organizations. =

The MLK Community Center and the Newport County YMCA each received \$10,000 dollars. This will allow us to offer scholarships in Preschool to hard working families in Newport County. Special congrats to our race winners, Rob Berschinski and Brett Ely (pictured bottom right with Elaine Holder)! Well done!

The event was presented by **BRS Building Company** and supported by generous sponsors. Over 290 runners participated. This year, a 100-yard fun run was added for kids under 12, and plans are in the works to make next year's race even more exciting. Stay tuned!





Join our Board and 22 Bowen's for dinner Wednesday, June 25th

Join us from 5:30 p.m. - 6:30 p.m. next Wednesday, June 25, for this month's MLK Friends Dinner with **<u>22 Bowen's</u>** and the <u>**MLK Board of Trustees**</u>.

Our friends from 22 Bowen's will donate and prepare a meal of meatloaf, **sauteed green beans, mashed potatoes, dinner rolls, and field green salad**. How delicious! The MLK Board of Trustees will serve the meal.

See you there!





For more information, email Erin Patel at epatel@mlkccenter.org or call 401-846-4828 x124 Para obtener más información, contactar Erin Patel a epatel@mlkccenter.org y 401-846-4828 x124

Chelley Knight and the Dope Things



The first Live From the Loading Dock - Parkside concert with <u>Chelley Knight and the</u> <u>Dope Things</u> was SO MUCH FUN! As always, Chelley and the band were phenomenal and we were so pleased to have a crowd of community friends to cheer them on and enjoy a summer evening BBQ.

Once again, an incredibly generous (but anonymous) sponsor is making the concert series possible. We're grateful to Chelley Knight and the Dope Things for an amazing performance, to the volunteers for helping the night go smoothly, and everyone who came and shared an amazing evening with us.

We can't wait for next month's concert with <u>The Ravers</u>! Save the Date for Wednesday, July 23 for another great night at the MLK.



Basketball at the MLK

On Juneteenth, the Center was a-buzz with teams of kids on the courts for the **3x3 Basketball Tournament and Backyard BBQ** presented by <u>Peoples Credit Union</u> and hosted in partnership with <u>Butler Basketball Club</u>. It was an amazing day of friendly competition and community fun with the DJ, BBQ, and the tournament. We loved sharing some of the Center's basketball history by displaying trophies from the Sixties through the Nineties.

Thank you to everyone who made it a success!



Thank You Audrain Concours!

Thank you to Nic Waller, president of Audrain Automobile Museum, for presentinag a very generous \$45,000 donation to the Center from the Audrain Concours Foundation. These funds will help us provide healthy food in our pantry, fitness and wellness classes, education programs for young and school-age children, and more.



Soup Needed!

Soup is always needed at the Pantry, no matter what time of year. Canned soup is a healthy, quick, and nutritious meal option.

If you're looking for a way to support the center, we need soup. All varieties of hearty soup are needed and appreciated.

We receive donations Monday – Friday 8:30 – 5:00 at the Loading Dock. Ring the bell at the Donations and Deliveries door and we'll be glad to receive your donation. **Don't** have time to shop? You can make a donation to the food pantry and we will do the shopping for you. <u>Just click here!</u>



Give to the Food Pantry

Beep! Beep! Here Comes the Mobile Food Pantry!



Here's next week's Mobile Food Pantry Locations:

Monday 6/23/25:

Apple Creek Apartments, 700 Windwood Dr. Tiverton RI 12:00 p.m. - 1:00 p.m.

Tuesday 6/24/25:

West House, 417 Forest Ave. Middletown RI 1:15 p.m. - 2:15 p.m. *Residents Only*

Wednesday 6/25/25:

Quaker Estates, 2368 E. Main Rd. Portsmouth RI 12:00 p.m. - 1:00 p.m. Anthony House, 51 Middle Rd. Portsmouth RI 1:15 p.m. - 2:15 p.m. *Residents Only*

All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry. Please remember to bring your reusable bags.

PROGRAM CALENDAR

Download June calendar Here

Descargue el Calendario

del Junio Aquí



Our Contact Information *{{Organization Name}}* *{{Organization Address}}* *{{Organization Phone}}* *{{Organization Website}}*

{{Unsubscribe}}

Volunteer

Give



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