

April 25, 2025

Celebrating Mother Earth!



This week was Earth Week! At the MLK we prioritize sustainable practices to strive for the healthiest possible environment for our community in Newport County and Aquidneck Island. Here's some of the ways we try to stay green at the Center.

- Educating the kids in our educational programs about the importance of sustainability
- Composting with <u>Black Earth Compost</u> and diverting 20.1 tons of food/goods from the waste stream in 2024 alone
- Clients bring their own **reusable bags** when using the Food Pantry, Mobile Food Pantry, and at Produce to the People
- Providing water stations thanks to the <u>GreenLove Foundation</u> and saving 13,135 (and counting!) plastic bottles
- Using and washing dishes and silverware rather than using disposable items at breakfast, lunch, community meals, and meals provided to children in Preschool, After School and Summer Camp
- Our digital signage allows us to share information with our community without printing physical flyers and wasting paper.



Charlie Holder Sr. Memorial 5k

The Charlie Holder Sr. Memorial 5K is on Saturday, May 17, 2025 at the YMCA.

Whether you run, walk, or just come for a good time, you're supporting our community through the \underline{YMCA} and the \underline{MLK} .

We hope to see you there!

<u>Register Today.</u> Prices Increase April 30.



Register and Learn More

Egg Incubators in After School



Our After School kids are absolutely beside themselves with excitement with the new residents in the MLK.

Our friend, Beth, **brought 18 fertilized chicken eggs and an incubator to After School**. She taught them how to set up the incubator and take care of the eggs for the next 21 days when the chicks are expected to hatch.

We are so grateful to have such amazing friends of the Center to help us provide these unique, memorable experiences in our educational programs.

Make sure to follow along with their progress in future newsletters and on our socials!

MLK Facebook MLK Instagram



MFP Volunteer Highlights

At the Dr. Martin Luther King, Jr. Community Center, **volunteers are at the heart of what we do**.

The Mobile Food Pantry is a program that we would not be able to provide in the same capacity without the dedication of our rockstar volunteers. We deliver to 16 neighborhoods in Newport County every month thanks to them!

Our friends Scott, Peter, and Scott stepped up to the mic to tell us why they love helping out with the Mobile Food Pantry. Cheers to them!

You can keep track of the Mobile Food Pantry on our **Instagram** and **Facebook** stories as well as on our **website**.

Dinner with Brick Alley and Newport Singles

This month's MLK Friends Dinner is a special one! Not only do we have a delicious dinner of chicken parmesan and pasta prepared by Newport staple, **<u>Brick Alley Pub</u>**, but our friends from **<u>Newport Singles</u>** will be there as volunteers!

Brick Alley pub has been a Newport favorite for over 40 years, and we are excited to have such a Newport classic for dinner!

Newport Singles is a social group of local singles who get involved in the community to meet organically and ditch the dating apps.

What a fun way to bring community together!

Make sure to check out **<u>Newport Singles</u>** and **<u>Brick Alley Pub</u>** on social media to learn more about them and what they do in the community!



Toothbrushes and ToothPaste Needed!

The Food Pantry has more than produce and non-perishable foods, we also carry other essentials like cleaning supplies, toiletries, and even pet products.

If you're looking for a way to support the center, **we need toothbrushes and toothpaste**. Dental hygiene is essential to a healthy and happy life, and we are proud to be able to provide that for Newport County with your help.

We receive donations Monday – Friday 8:30 – 5:00 at the Loading Dock. Ring the bell at the Donations and Deliveries door and we'll be glad to receive your donation. **Don't** have time to shop? You can make a donation to the food pantry and we will do the shopping for you. <u>Just click here!</u>



Give to the Food Pantry

Beep! Beep! Here Comes the Mobile Food Pantry!



Here's next week's Mobile Food Pantry Locations:

Thursday 5/01/25:

Hancock Estates, 345 Hancock St. Tiverton RI 12:00 p.m. - 1:00 p.m.

All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry. Please remember to bring your reusable bags.

PROGRAM CALENDAR

Download April calendar Here

Descargue el Calendario

del Abril Aquí

Download May calendar Here

Descargue el Calendario del Mayo Aquí



Our Contact Information *{{Organization Name}}* *{{Organization Address}}* *{{Organization Phone}}* *{{Organization Website}}*

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Volunteer

Give



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