



# March 21, 2025

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## Congressman Gabe Amo Visits MLK

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**Rhode Island Congressman Gabe Amo** visited the Center this week to discuss our work to fight hunger, promote health and wellness in our community, engage with local seniors, and provide quality education for our children.

Congressman Amo toured our Food Pantry, spoke with our clients, inspired our Preschoolers, and met with volunteers and staff members who work each day to strengthen our community. It was an honor to have him at the Center and talk about issues that directly impact our community.

**[Click here to see video footage from his visit](#)**

**[Click Here to read Newport This Week's article about his visit](#)**




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## We can't wait for Summer Camp!

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Spring is here, and that means Summer is right around the corner. Summer Adventure Camp is an opportunity for Newport County kids to have a classic Newport summer while making sure their academic skills stay sharp!

Our MLK educational staff do an excellent job making learning fun with hands on activities in math, literacy and science. Our campers will be able to take advantage of all that Newport and Aquidneck Island has to offer like sailing lessons, trips to local museums and hikes around the island.

**This is a very popular program. We are amazed to share that Summer Adventure Camp is already filled, but we have a waitlist going in case spots open up.** If you are interested, please contact our Out of School Time Coordinator, **Caitlyn Sellar**.



DR. MARTIN LUTHER KING, JR.  
COMMUNITY CENTER

# SUMMER ADVENTURE CAMP

**We are FULL** STILL INTERESTED? → **Join Our Waiting list!**

DHS ACCEPTED AND  
GENEROUS SCHOLARSHIPS AVAILABLE!

**WHO**  
1st-5th grade

**WHEN**  
6/30 - 8/22

**PRICE**  
\$170/week

## WHAT

At the MLK Community Center's Summer Camp, children will enjoy a summer of classic Newport fun and learning. Our team of certified teachers help campers make and maintain academic strides in math, literacy, and science through hands-on activities and daily trips around Aquidneck Island.



## WHERE

MLK Community Center  
20 Dr. Marcus Wheatland Blvd.  
Newport, RI 02840

## FOR MORE INFORMATION

Caitlyn Sellar,  
(401) 846-4828 x209,  
csellar@mlkcenter.org

## Celebrating Kids Who Give Back

Thank you to **St. Michael's Country Day School**, who donated 775 lbs. of food from their school-wide food drive. Thank you so much for helping us with items like soup and cereal, which are always in need here at the Center. A special shout out goes to the 8th graders who visited and helped drop off the donation. Well done!





## Thank You for Donating Dresses!

**Thank you for making the prom dreams of local teens come true!** We've collected dozens and dozens of dresses and now we are getting ready to start distributing them. If you have a teen who needs a dress, mark your calendars for April 2 and 3 from 2:30-6:30 pm at **Newport Elks Lodge #104**.

# 2025 RUNWAY 401

COMPLIMENTARY PROM DRESSES FOR TEENS

DRESS TRY-ON & TAKE HOME EVENT:

**NEWPORT ELKS LODGE #104**  
141 PELHAM ST.,  
NEWPORT, RI 02840

**DATES: APRIL 2ND & 3RD**  
**TIME: 2:30PM - 6:30PM**

SPONSORED BY:





FOR QUESTIONS ABOUT DRESS DONATIONS OR THE EVENT CONTACT: **JENNIFER CARTER - 401.837.0554**

# 2025 RUNWAY 401

VESTIDOS DE GRADUACIÓN DE CORTESÍA PARA ADOLESCENTES LOCALES.

EVENTO PARA PROBARSE Y LLEVARSE A CASA:

**NEWPORT ELKS LODGE #104**  
104 PELHAM ST.,  
NEWPORT, RI 02840

**FECHAS: ABRIL 2 Y 3**  
**HORA: 2:30P.M. - 6:30P.M.**

PATROCINADO POR:





PARA CUALQUIER PREGUNTA, FAVOR DE CONTACTAR VIA MENSAJE DE TEXT: **JENNIFER CARTER - 401.837.0554**

## MARCH BOOK MADNESS UPDATE

Our After School Kids are busy reading away! Now we are in for the QUARTER FINALS. Here are the updates:

**I Am Every Good Thing** BEAT Julian is a Mermaid

**Creepy Pair of Underwear** BEAT Big Truck, Little Island

**Sonia Sotomayor** BEAT Pink is for Boys

**The Book with No Pictures** BEAT Grumpy Monkey

Now we are in for the QUARTER FINALS. Make sure you follow us on [Instagram](#) and [Facebook](#) to stay updated and give your predictions!



## MLK Friends Dinner...Castle Hill Again!

**Castle Hill** was such a hit last month they are coming back again! If you missed out in February, you can catch a delicious meal at the MLK on Wednesday, March 26 from 5:30 to 6:30 p.m.

Here's the menu:

**Jerk Chicken** served with Rice and Beans and Sweet Plantains

**Cornbread**

**Caribbean Coleslaw** made with cabbage, shredded veggies, charred pineapple, and cilantro vinaigrette



**Mixed Greens Salad** with cherry tomatoes, cucumbers, carrots, and radishes

**Coconut Tres Leches Cake** with mango curd and lime meringue



MLK  
Friends Dinner

WEDNESDAY, MAR. 26, 5:30 - 6:30 P.M.  
MIÉRCOLES, 26 DE MAR., 5:30 - 6:30 P.M.

SPONSORED BY:  
CASTLE HILL INN  
EST 1875

**MENU:**  
Jerk Chicken, Rice and Beans, Sweet Plantains, Corn Bread, Caribbean Coleslaw, Mixed Greens Salad, and Coconut Tres Leches

Enjoy a sit down meal with friends and neighbors. First come, first served.

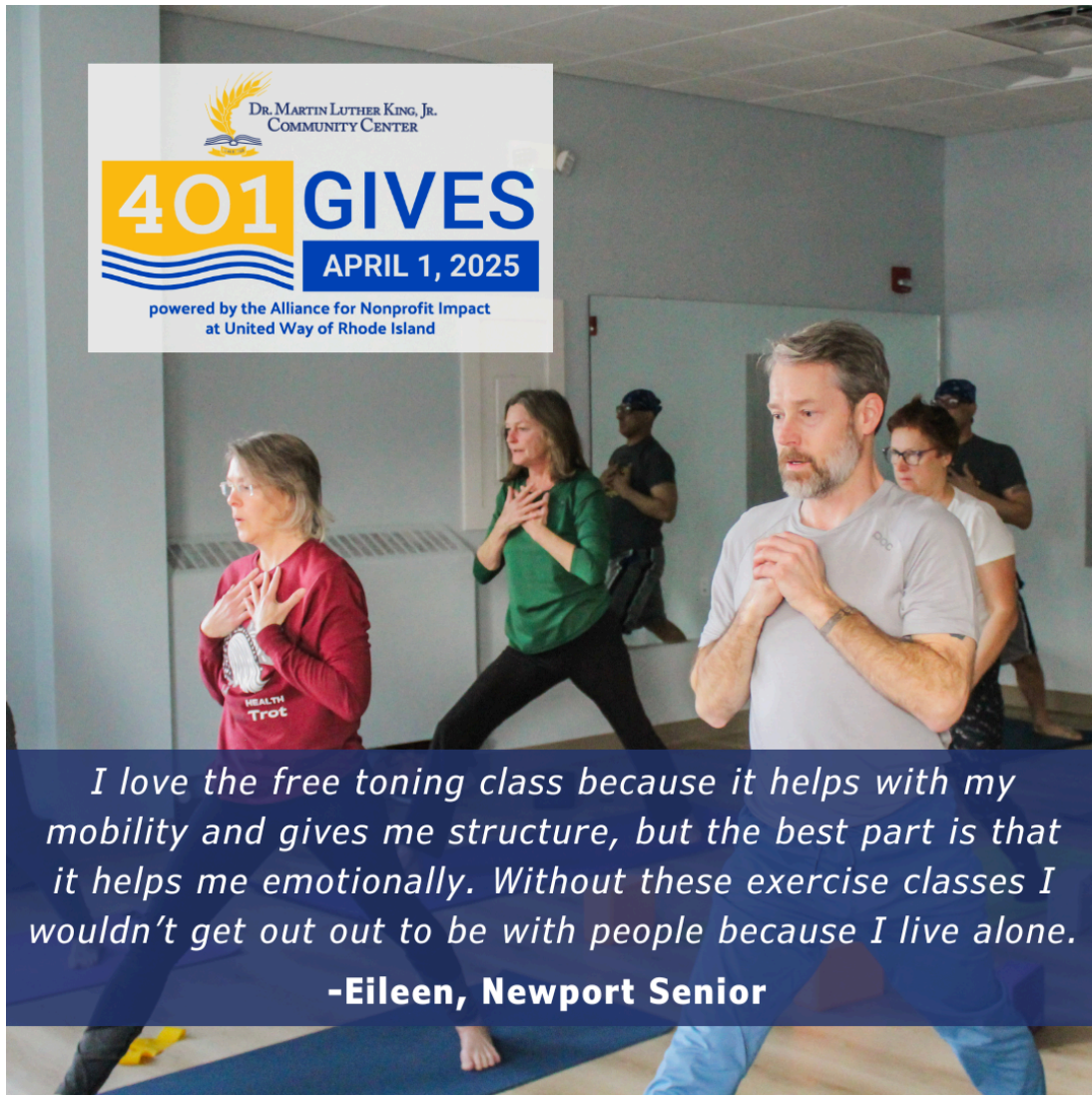
*Le invitamos a que se sienten con nosotros y disfrute de una cena entre amigos. Por orden de llegada.*



For more information, email Erin Patel at [epatel@mlkccenter.org](mailto:epatel@mlkccenter.org) or call 401-846-4828 x124  
Para obtener más información, contactar Erin Patel a [epatel@mlkccenter.org](mailto:epatel@mlkccenter.org) y 401-846-4828 x124

## Support Community Programs with 401 Gives

Community is literally our middle name here at the Center. There's always a lot happening in MLK Community Programs from community meals and health and wellness to programs for children. Your gift with **401Gives** creates more equity for Newport County, building a stronger community.



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## Hearty Soup Needed!

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One last call for soup! It is one of the most popular items in our Food Pantry. A simple can of soup can make a difference in someone's life. It's that easy to make an impact.

**We need hearty, ready-to-eat soups (rather than condensed soups).**

We receive donations Monday – Friday 8:30 – 5:00 at the Loading Dock. Ring the bell at the Donations and Deliveries door and we'll be glad to receive your donation. **Don't have time to shop? You can make a donation to the food pantry and we will do the shopping for you. [Just click here!](#)**



Give to the Food Pantry

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**Beep! Beep! Here Comes the Mobile Food Pantry!**

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Here's next week's Mobile Food Pantry Locations:

**Tuesday 3/25/25:**

Apple Creek Apartments 700 Windwood Dr. Tiverton, RI 12:00 p.m. - 1:00 p.m.  
West House, 417 Forest Ave. Middletown, RI 1:30 p.m. - 2:30 p.m.

*Residents Only*

**Thursday 3/27/25:**

Quaker Estates, 2368 E. Main Rd. Portsmouth, RI 12:00 p.m. - 1:00 p.m.  
Anthony House, 51 Middle Rd. Portsmouth, RI 1:15 p.m. - 2:15 p.m.

*Residents Only*

*All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry. Please remember to bring your reusable bags.*

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## PROGRAM CALENDAR

[Download March calendar Here](#)

[Descargue el Calendario](#)

[del Marzo Aquí](#)



**Our Contact Information**

\*{{Organization Name}}\*

\*{{Organization Address}}\*

\*{{Organization Phone}}\*

\*{{Organization Website}}\*

\*{{Unsubscribe}}\*

**Volunteer**

**Give**



powered by the Alliance for Nonprofit Impact  
at United Way of Rhode Island

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