

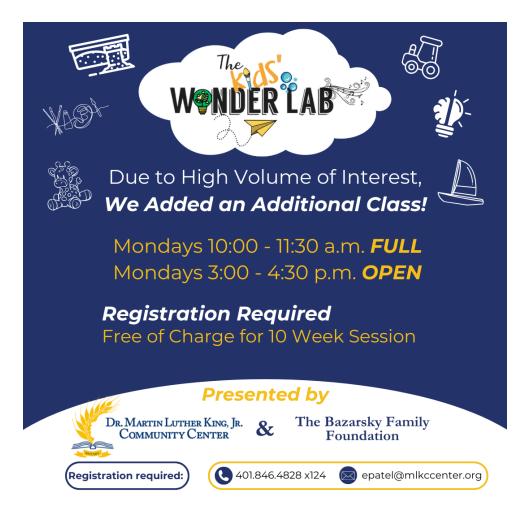
February 28, 2025

We Added Another Class to The Kids' Wonder Lab

We are so excited by all the interest in The Kids' Wonder Lab, a free sensory play and development program for children aged 18 months to 4 years old and their care givers.

The initial session filled up, so we added another! **If you would like to register your child, you can join our second session on Mondays from 3 to 4:30 p.m.**

Each session is 10 weeks, **and while it is free**, **registration is required**. Email our Community Programs Manager, Erin Patel, at <u>epatel@mlkccenter.org</u> or call 401.846.4828 x124



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Black History is Our History

Our After School Students have been busy learning about prominent black historical figures in celebration of Black History Month. They learned about the legacies of Ruby Bridges, Maya Angelou, James Baldwin, Alvin Ailey, Ida B. Wells, Prince, Shirley Chisholm, Phillis Wheatley, and Thurgood Marshall.

Everyone listed made major contributions to their community and paved the way for future generations. We are proud to celebrate them in our educational programs and beyond.



Celebrating Newport Mental Health

This week we were honored to attend the annual meeting for <u>Newport Mental Health</u> (NMH) and as they celebrated 60 years of essential service to our community. NMH is embedded in our programs at the MLK. NMH team members are at the Center throughout the day, connecting with people to address mental health needs.

I was honored to present the keynote address at the celebration and Newport Mental Health's President and CEO, Dayna Gladstein, presented me the **Outstanding Community Service Award** on behalf of the MLK Community Center.

We are so grateful for everything NMH does for The Center, including working with us on the Warming Center, serving our Breakfast clients and more.

Congrats to NMH on 60 years of amazing service to our community!



Thank You Castle Hill Inn!

Thanks so much to the amazing team at **Castle Hill Inn** for sponsoring and serving this week's MLK Friends Dinner. They served fresh salad, chicken piccata, fresh focaccia, and cappuccino budino and it was absolutely delicious.

MLK Friends Dinners are held on the last Wednesday of every month and we hope to see you at the next one!

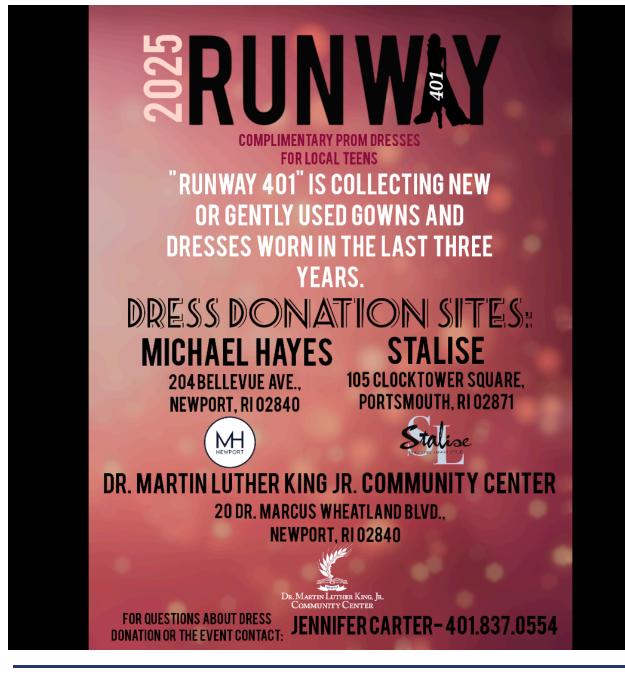
MLK FRIENDS DINNER



We Still Need Dresses!

Every teenager deserves to have the Prom night of their dreams, but the cost of gowns is not accessible to every family. We need your help to provide local teens with the core memories that come with High School Prom.

Bring your prom dresses to the donation sites below and give local teens the prom night experience that everyone deserves.



Don't Miss Lunch & Learn

Next week's Senior Lunch & Learn will focus on health and wellness with Chiropractor, Dr. Dan Hatch of **NPT Healthworks**. He will be coming in to talk about how chiropractic care can be beneficial while helping Lunch & Learn attendees through some simple chair exercises.



Join us and Dr. Dan Hatch for chiropractic info and exercises

SENIOR

LUNCH

Wednesday, March 5 @ 12:00 p.m.

@ MLK Community Center,20 Dr. Marcus Wheatland Blvd.,Free and open to all in Newport County!



401 Gives is Around The Corner!

Mark your calendars for April 1, 2025 and support The MLK Community Center in <u>401</u> <u>Gives</u>, a statewide day of generosity. This year, your gift to the MLK could be *tripled*.

Click Here to learn more about 401 Gives.

<u>Click Here</u> to visit our landing page.

We hope you join us on April 1 this year to strengthen our community.



Dish Liquid Needed!

Thank you to everyone who has donated Dish Liquid so far. We still need more! These items are so important for the wellbeing of the people we serve. Thank you so much for making a positive difference.

Reminder: please donate bottles of any type of dish liquid. No jumbo sizes, please. Regular and small size bottles help us help more families.

We receive donations Monday – Friday 8:30 – 5:00 at the Loading Dock. Ring the bell at the Donations and Deliveries door and we'll be glad to receive your donation. **Don't have time to shop? You can make a donation to the food pantry and we will do the shopping for you**. Just click here!



Give to the Food Pantry

Beep! Beep! Here Comes the Mobile Food Pantry!



Here's next week's Mobile Food Pantry Locations:

Tuesday 3/04/25:

Oxbow Farms, 80 Rogers Lane Middletown, RI 12:00 p.m. - 1:00 p.m. Lucy's Hearth, 19 Valley Rd. Middletown, RI 1:00 p.m. - 2:00 p.m. *Residents Only*

Thursday 3/06/25:

Tiverton Housing Authority, 99 Hancock St. Tiverton, RI 11:30 a.m. - 12:30 p.m. Hancock Estates, 345 Hancock St. Tiverton, RI 12:45 p.m. - 1:45 p.m

All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry. Please remember to bring your reusable bags

PROGRAM CALENDAR

Download March calendar Here

Descargue el Calendario

del Marzo Aquí



Our Contact Information *{{Organization Name}}*

{{Organization Address}} *{{Organization Phone}}* *{{Organization Website}}*

{{Unsubscribe}}

Volunteer

Give



You are receiving this email because you opted in to join our email newsletter list. We promise to never share your information with third parties, or spam you.