

# **February 21, 2025**

## Still Feeling the Love at the MLK!

Last week, our preschoolers hand-delivered valentines for our guests at our monthly MLK Friends Lunch. The valentines were made by students at **St. Georges School**, **St. Philomena's School**, and home schooled students from **Wild + Free**, a military home schooling group. It was amazing to see our community come together in this way, not to mention completely adorable!



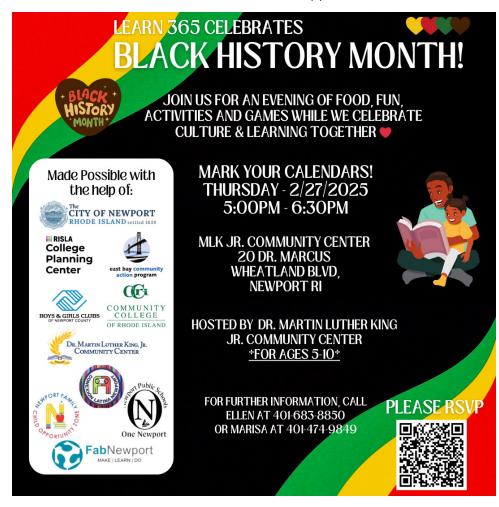




## **Celebrate Black History Month at the MLK with Learn 365**

Join us in celebrating Black History Month with Learn 365 for an evening of family friendly activities, food and fun design to celebrate black culture and learning.

<u>Learn 365</u> is an initiative led by the Rhode Island Department of Education to go beyond the standard 180 days of learning in the school year to year-round learning with support from community partners, like the MLK.



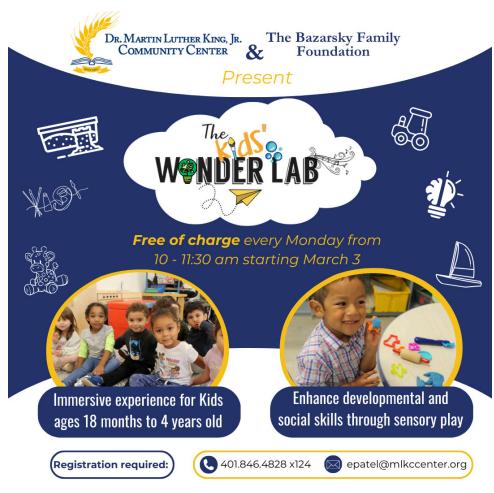


## We Are Proud to Introduce The Kids' Wonder Lab

We are proud to announce our new program, The Kids' Wonder Lab. **Thanks to funding from the Bazarsky Family Foundation**, kids from ages 18 months to four years old can come to the Center every Monday for free sensory play.

Developmental and social skills can be enhanced through sensory activities like playing with kinetic sand, light tables, music, and more.

While The Kids' Wonder Lab is free, registration is required. Email or call our Community Programs Manager with the contact info listed below to register and learn more.





## **Did You Know?**

The MLK is dedicated to environmental stewardship because we know that a strong community needs a healthy ecosystem. In 2021, we started a contracted partnership with **Black Earth Compost** to minimize our environmental impact.

Every week, they come to pick up our compost. **As of February 2025, we have** composted over **50 tons of food and goods, removing it from the waste stream and preventing 45 tons of Carbon Dioxide from polluting our community**. See below to see what that means for the environment.



## **Preschool Runs on Dunkin'**

A generous grant from the <u>Dunkin' Joy In Childhood Foundation</u> helps fund two school food pantries at Middletown High School and Tiverton High School and provides healthy meals in our Preschool and After School programs. Dunkin' brings joy because well-fed kids are happy kids. Our Preschoolers love Dunkin' so much they have their own little drive-thru in the class room! (See middle photo.)







# Mark Your Calendars for a Special Meal with Castle Hill Inn

This month's MLK Friends Dinner is going to be a special one, withour friends from **Castle Hill Inn** as both the sponsor and the chef. The team from Castle Hill will prepare a delicious meal. Here's the menu:

#### **Hearts of Romaine Salad**

Pesto croutons, creamy Italian dressing, onions, cucumber, olives, and roasted peppers

#### **Herb Focaccia**

#### **Chicken Piccata**

Served with roasted vegetables and rigatoni

### **Cappucino Budino**

Whipped crème fraiche, cocoa nibs, feuilletine

You don't want to miss this one. We hope to see you there! Remember, all MLK Friends Lunches and Dinner are first come, first serve.



# MLK Friends Dinner

WEDNESDAY, FEB. 26, 5:30 P.M. - 6:30 P.M. MIERCOLES, 26 DE FEB., 5:30 P.M. - 6:30 P.M.

### **SPONSORED BY:**

### CASTLE HILL INN

EST 1875

### MENU:

HEARTS OF ROMAINE SALAD, HERB FOCACCIA, CHICKEN PICCATA AND CAPPUCINO BUDINO

Enjoy a sit down meal with friends and neighbors. First come, first served.

Le invitamos a que se sienten con nosotros y disfrute de una cena entre amigos. Por orden de llegada.

For more information, email Erin Patel at epatel@mlkccenter.org or call 401-846-4828 x124

Para obtener más información, contactar Erin Patel a epatel@mlkccenter.org y 401-846-4828 x124

## **Dish Liquid Needed!**

Thank you to everyone who has donated Dish Liquid so far. We still need more! These items are so important for the well being of the people we serve. Thank you so much for making a positive difference.

Reminder: please donate bottles of any type of dish liquid. No jumbo sizes, please. Regular and small size bottles help us help more families.

We receive donations Monday – Friday 8:30 – 5:00 at the Loading Dock. Ring the bell at the Donations and Deliveries door and we'll be glad to receive your donation. **Don't have time to shop? You can make a donation to the food pantry and we will do the shopping for you**. Just click here!



**Give to the Food Pantry** 

# **Beep! Beep! Here Comes the Mobile Food Pantry!**



Here's next week's Mobile Food Pantry Locations:

### Tuesday 2/25/25:

Apple Creek Apartments, 700 Windwood Dr, Tiverton, RI 11:30 a.m. - 12:30 p.m. West House, 417 Forest Ave, Middletown, RI 1:15 p.m. - 2:15 p.m.

### Thursday 2/27/25:

Quaker Estates, 2368 E. Main Rd. Portsmouth, RI 12:00 p.m. - 1:00 p.m. Anthony House, 51 Middle Rd. Portsmouth, RI 1:15 p.m. - 2:15 p.m.

All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry. Please remember to bring your reusable bags

### **PROGRAM CALENDAR**

Download February calendar Here

Descargue el Calendario del Febrero Aquí







### **Our Contact Information**

- \*{{Organization Name}}\*

- \*{{Organization Address}}\*
  \*{{Organization Phone}}\*
  \*{{Organization Website}}\*

\*{{Unsubscribe}}\*

### **Volunteer**

**Give** 



You are receiving this email because you opted in to join our email newsletter list. We promise to never share your information with third parties, or spam you.