



January 10, 2025

Breakfast, Lunch, and Snack with Mr. Richard? What a Treat!

Every day, our amazing Kitchen Manager, Mr. Richard, prepares **healthy breakfasts, lunches, and snacks for kids in our Preschool, After School, and Summer Camp programs.**

This week the kids had grilled cheese with chicken noodle soup, turkey sandwiches, pasta with chicken and broccoli (shown below) and chicken Caesar salad.

Parents and guardians don't have to worry about packing meals for the day because all meals are included in tuition.



Now you can dine Monday too and help the MLK

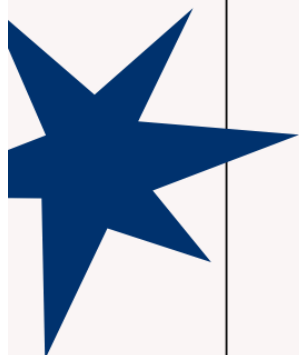
Do you have a lot planned for MLK Holiday Weekend? Not to worry! **Monday was added to the [Sardella's](#) and [Imbriglio's](#) MLK special event.**

Enjoy a delicious meal while supporting the MLK Center thanks to long time community partners and restaurateurs **Richard Sardella** and **Patrick Fitzgerald**, who are **celebrating 45 years in business by making a pledge to the Center in celebration of Dr. King.**

20% of gross sales or \$10,000, whichever is greater, will be donated to the Center to support our work in the community.

Reservations can be made by calling 401-849-6312 or by [clicking here](#).

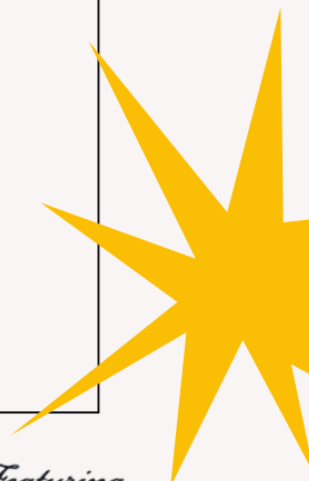
We hope to see you there!



CUISINE FOR A CAUSE

FRI. - MON.
JAN. 17-20 2025

MLK DAY WEEKEND



SARDELLA'S



Featuring
IMBRIGLIO'S
PIZZERIA NAPOLETANA

Explore Your Creativity at the MLK

What are you up to **Friday Mornings from 10-11 a.m.**? Why don't you come to the center for ARTLINK to explore your creative side?

Learn collaging, painting, drawing and more from artist Annabel Manning. Registration also comes with a **free tour of the Newport Art Museum and an opportunity to have your art showcased.**

To participate contact our Community Programs Manager, Erin Patel:

epatel@mlkccenter.org

401-846-4828, Ext. 124

To learn more about our community programs, [click here](#).



ARTLINK

CONNECTING COMMUNITY + CREATIVITY



JOIN NEWPORT ART MUSEUM FOR FREE ART WORKSHOPS AT MLK CENTER!

Explore creativity with our open art sessions led by teaching artist, Annabel Manning. This class is designed for individuals aged 16 and older. No experience needed — just bring your creativity!

- Experiment with collage, painting, drawing, and more
- Showcase your artwork
- Enjoy a free tour of the Newport Art Museum

FRIDAY MORNINGS, 10AM – 11AM.

MLK COMMUNITY CENTER, 20 MARCUS WHEATLAND BOULEVARD, NEWPORT RI. PLEASE USE EDWARD STREET ENTRANCE.

FOR MORE INFO: EPATEL@MLKCENTER.ORG (401) 846-4828, EXT. 124

Do you want to read to our Preschoolers?

Who doesn't love a good story? We know we do!

If you're interested in volunteering as a book buddy and reading to our Preschoolers, reach out to our volunteer manager, Rebecca Richard via email with richard@mlkccenter.org or phone call (401) 846-4828 x103.



You Make it Pastable!

Sorry for the pun...we couldn't help it. BUT we do need your help!

Fettuccine, linguine, lasagna, ditalini, farfalle, rigatoni, gemelli, rotini, spaghetti... there's lots of different types of pasta. Currently, we are up to our elbows in macaroni shaped pasta. (Last pun. Promise!) While this may be some peoples' favorite, it is not for everyone! We like to be able to provide variety in the food pantry to give people the agency of choice. **Gluten free pasta is also welcome** for those with special diets.

We need your help: would you donate **different types of dried pasta so we can offer a variety of items** in our Food Pantry, Mobile Food Pantry, Food delivery to homebound seniors, and in the Middletown and Tiverton High School pantries? **Remember, we do NOT need elbows/macaroni!**

We receive donations Monday – Friday 8:30 – 5:00 at the Loading Dock. Ring the bell at the Donations and Deliveries door and we'll be glad to receive your donation. Thank you! Every box is needed and welcome!

Don't have time to go shopping but still want to make a difference? You can donate to the food pantry so we can do the shopping for you. [Just click here!](#)



Give to the Food Pantry

Join us for Senior Lunch & Learn

Our Senior Lunch & Learn is coming up on Wednesday, January 15 at 12:00 p.m. Join us for a delicious meal and an afternoon of fun!

You can learn more about our bi-monthly Senior Lunch & Learn Program and other Community Programs [here](#).

A graphic for the Senior Lunch & Learn event. It features a blue and white background with a yellow horizontal bar. The text "SENIOR LUNCH & LEARN" is written in large, bold, blue letters. To the right is a yellow circular icon containing a white fork, spoon, and knife. Below the main title, it says "Join us for a delicious meal and an afternoon of fun!" in blue. The date and time "Wednesday, January 15 12:00 p.m." are listed, followed by the location "@ MLK Community Center, 20 Dr. Marcus Wheatland Blvd., Free and open to all in Newport County!". At the bottom left is an icon of an open book with a lightbulb above it. At the bottom center is the logo for the Dr. Martin Luther King, Jr. Community Center, which includes a yellow wheat stalk and the text "DR. MARTIN LUTHER KING, JR. COMMUNITY CENTER" and "SINCE 1955".

SENIOR LUNCH & LEARN

Join us for a delicious meal and an afternoon of fun!

Wednesday, January 15 12:00 p.m.
@ MLK Community Center,
20 Dr. Marcus Wheatland Blvd.,
Free and open to all in Newport County!

DR. MARTIN LUTHER KING, JR.
COMMUNITY CENTER
SINCE 1955

Beep! Beep! Here Comes the Mobile Food Pantry!



Here's next week's Mobile Food Pantry Locations:

Monday 1/13/25:

59 John Chafee Blvd. Newport, RI 11:00 a.m. - 12:00 p.m.

Tuesday 1/14/25:

Festival Field, 90 Girard Ave. Newport, RI 12:00 p.m. - 1:00 p.m.

Thursday 1/16/25:

Donovan Manor, 19 Chapel St. Newport, RI 11:30 p.m. - 12:30 p.m.

Edgar Court, Edgar Ct. Cul-de-sac Newport, RI 12:45 p.m. - 1:45 p.m.

All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry. Please remember to bring your reusable bags

PROGRAM CALENDAR

[Download January calendar Here](#)

[Descargue el Calendario del Enero Aquí](#)



Our Contact Information

{{Organization Name}}

{{Organization Address}}

{{Organization Phone}}

{{Organization Website}}

{{Unsubscribe}}

Volunteer

Give



You are receiving this email because you opted in to join our email newsletter list.
We promise to never share your information with third parties, or spam you.