



DR. MARTIN LUTHER KING, JR.  
COMMUNITY CENTER

# NOVEMBER

☎ (401) 846-4828  
📍 20 Dr. Marcus Wheatland Blvd.  
Newport, RI 02840  
🌐 www.MLKCCenter.org

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Calendar subject to change. Please check in with the front desk for updated information.</p>				<p><b>Food Pantry Hours:</b> ☀ Monday, Wednesday, Friday daytime: 10 a.m.-2 p.m. 🐼 Wednesday evening: 4-6 p.m. ★ Tuesday, Thursday daytime: 12-3 p.m.</p>
<p>Holiday Registration 10 a.m.-2 p.m. 4</p>	<p>Yoga 8:30 a.m. Women's Support Group 9-10 a.m. Safe Sitters Class 10 a.m. (RSVP only) Holiday Registration 10 a.m.-2 p.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Oxbow 12 p.m. Lucy's Hearth 1 p.m. (residents only) 5</p>	<p>Holiday Registration 10 a.m.-2 p.m. LIHEAP lobby outreach 10 a.m.-2 p.m. Senior Lunch &amp; Learn 12 p.m. 6</p>	<p>Holiday Registration 10 a.m.-2 p.m. Produce to the People 10 a.m.-1 p.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Tiverton Housing Auth. 11:30 a.m. Hancock Estates 12:45 p.m. 7</p>	<p>HIV/Hep C Testing 7:30 a.m. (Edward Street) 1 Tai Chi/Qi Gong 9 a.m. ArtLink presented by Newport Art Museum 10 a.m. Lunch @ Edward St. 11:30 a.m.</p>
<p>*CENTER CLOSED* FOR HOLIDAY 11</p>	<p>Yoga 8:30 a.m. Women's Support Group 9-10 a.m. City of Newport lobby outreach 10 a.m.-2 p.m. Holiday Registration 10 a.m.-2 p.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Festival Field 12 p.m. 12</p>	<p>Holiday Registration 10 a.m.-2 p.m. United Healthcare lobby outreach 10 a.m.-2 p.m. 13</p>	<p>Holiday Registration 10 a.m.-2 p.m. Produce to the People 10 a.m.-1 p.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Pemberton 11:45 a.m. Bayside 1:30 p.m. 14</p>	<p>HIV/Hep C Testing 7:30 a.m. (Edward Street) 15 Tai Chi/Qi Gong 9 a.m. ArtLink presented by Newport Art Museum 10 a.m. Holiday Registration 10 a.m.-2 p.m. Lunch @ Edward St. 11:30 a.m.</p>
<p>Holiday Registration 10 a.m.-2 p.m. <b>MFP</b> John Chafee Blvd. 11 a.m. 18</p>	<p>Yoga 8:30 a.m. Women's Support Group 9-10 a.m. Holiday Registration 10 a.m.-2 p.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Park Holm 12 p.m. AHEPA 1 p.m. 19</p>	<p>Holiday Registration 10 a.m.-2 p.m. Senior Lunch &amp; Learn 12 p.m. 20</p>	<p>Holiday Registration 10 a.m.-2 p.m. Produce to the People 10 a.m.-1 p.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Donovan Manor 12 p.m. Edgar Court 1 p.m. 21</p>	<p>HIV/Hep C Testing 7:30 a.m. (Edward Street) 22 Tai Chi/Qi Gong 9 a.m. ArtLink presented by Newport Art Museum 10 a.m. Holiday Registration 10 a.m.-2 p.m. Lunch @ Edward St. 11:30 a.m.</p>
<p>Holiday Registration 10 a.m.-2 p.m. Neighborhood Health Plan lobby outreach 10 a.m.-2 p.m. 25</p>	<p>Yoga 8:30 a.m. Holiday Registration 10 a.m.-2 p.m. Holiday MLK Friends Meal 11:30 a.m. to 1 p.m. LivFit 5 p.m. <b>MFP</b> Apple Creek 11:30 a.m. West House 1:15 p.m. (residents only) 26</p>	<p>Holiday Registration 10 a.m.-2 p.m. <b>MFP</b> Quaker Estates 12 p.m. Anthony House 1:15 p.m. (residents only) 27</p>	<p>*CENTER CLOSED* FOR HOLIDAY 28</p>	<p>*CENTER CLOSED* FOR HOLIDAY 29</p>