



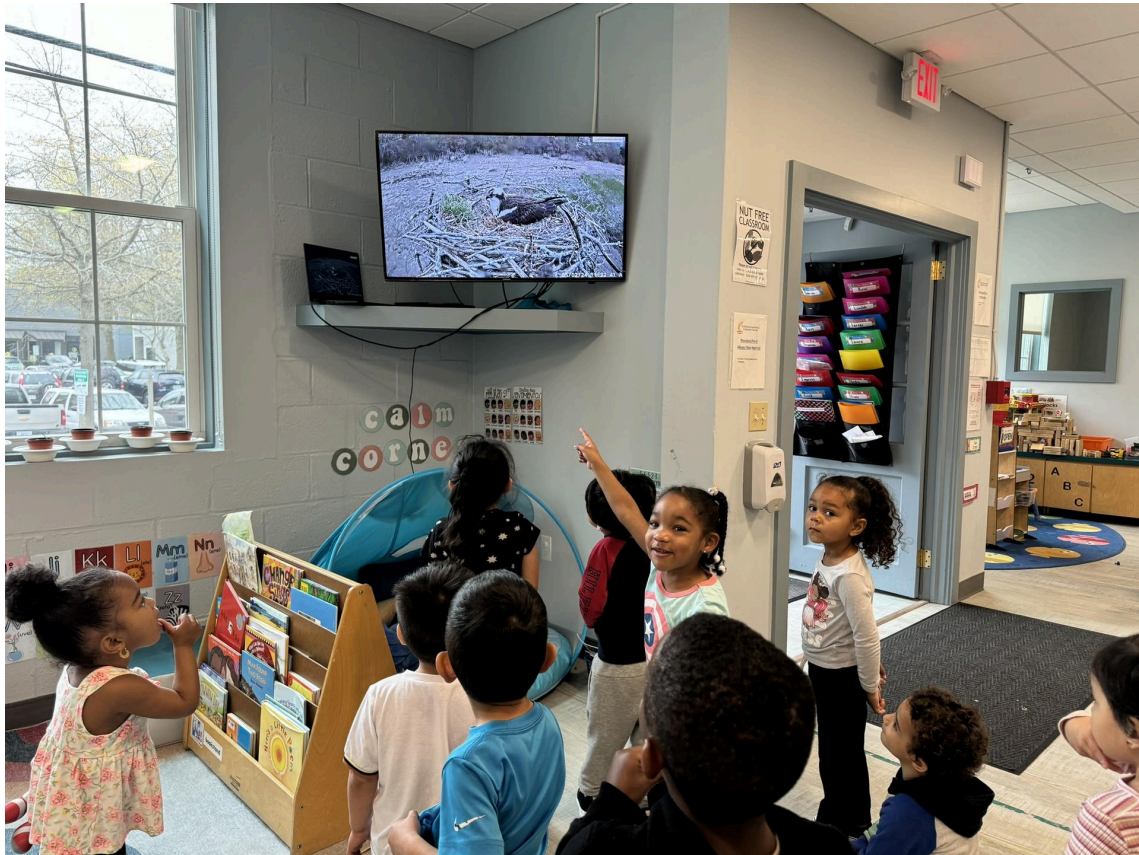
## DR. MARTIN LUTHER KING, JR. COMMUNITY CENTER

Friday, May 10, 2024

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### Watching an Osprey Nest in Preschool

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Check out our budding ornithologists!

We streamed the [Jamestown Osprey nest webcam](#) with the **Preschoolers**. After a morning **talking about birds** and **making bird art** of their own, our preschoolers were thrilled to see a **real live mama osprey** and her two eggs.

The kids **counted the eggs on their own**, they didn't need the teachers to point them out. They caught the **dad osprey bringing sticks** to the nest and the partner transfer when mama took a break from brooding. We love seeing our children so **excited about the natural world**, don't you?

Thank you to the [Conanicut Island Raptor Project](#) for making this amazing resource available to all!

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**Making a Difference, Step by Step, in memory of Charlie Holder Sr.**

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Tomorrow is the day! Lace up your sneakers and join the Holder Family (pictured above) and us bright and early as we **celebrate the life of Charlie Holder, Sr.** We are grateful to be a **co-beneficiary** with the [Newport County YMCA](#) of the [Charlie Holder Sr. Memorial 5K](#). There is still time **sign up** on the event's website! **Runners and walkers are welcome!**

We are looking for a **few more volunteers** for a bright and early 6:00 a.m. – 8:30 a.m. shift to help direct race participants in the parking lot. If you or someone you know would like to **volunteer on behalf of the MLK**, please contact Alyson Novick at 401.846.4828 ext. 102.

Click on the **button below** to **sign up to walk or run**. We'll see you **tomorrow at 8:30am**.

Register for the Charlie Holder Sr. Memorial 5K Today

## Thanks Neighborhood Health Plan of Rhode Island



YOU'RE INVITED TO A  
**MLK FRIENDS  
LUNCH**



SPONSORED BY  **Neighborhood  
Health Plan  
OF RHODE ISLAND™**

FRIDAY, MAY 10  
11:30AM - 1:00 PM

MLK COMMUNITY CENTER  
20 DR MARCUS WHEATLAND BLVD.

First come first served; space is limited



ÚNASE CON NOSOTROS PARA LOS  
**MLK FRIENDS  
LUNCH**



PATROCINADA POR  **Neighborhood  
Health Plan  
OF RHODE ISLAND™**

VIERNES, 10 DE MAYO  
11:30A.M - 1:00P.M

MLK COMMUNITY CENTER  
20 DR MARCUS WHEATLAND BLVD.

Por orden de llegada; el espacio es limitado

Join us for **delicious food, good company, and community!** This month's **MLK Friends' Lunch** starts at 11:30am and is generously sponsored by [Neighborhood Health Plan of Rhode Island](#). Thank you for sponsoring!

MLK Friends Lunches and Dinners are **offered monthly**:

MLK Friends **Lunch: 2nd Friday** of each month from 11:30 a.m. to 1:00 p.m.

MLK Friends **Dinner: Last Wednesday** of each month from 5:30 p.m. to 6:30 p.m.

To **sponsor a MLK Friends Lunch or Dinner**: please Contact Alyson Novick at 401.846.4828 x102 or [anovick@mlkcenter.org](mailto:anovick@mlkcenter.org)

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## Blair's Baby Doll Drive

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PLEASE CALL OR TEXT  
(401) 254-0278  
WITH QUESTIONS

*Blair's*  
**BABY DOLL DRIVE**  
MOTHER'S DAY WEEKEND

SATURDAY | NOON HIBERNIAN HALL  
MAY, 11 | 2 WELLINGTON AVE, NEWPORT, RI

**ANY NEW BABY DOLL(S) OR ACCESSORIES!**

ALL GOODS WILL BE DONATED TO LUCY'S HEARTH, THE MLK COMMUNITY CENTER, & EAST BAY COMMUNITY ACTION PROGRAM.

WE WILL ALSO BE ACCEPTING CASH DONATIONS TO COMMUNITY LIVING OF RHODE ISLAND, BLAIR'S HOME, WHERE SHE GOT TO LIVE WITH SO MANY OF HER WONDERFUL FRIENDS. THESE FUNDS WILL BE USED FOR BLAIR'S FUN FUND FOR FRIENDS.

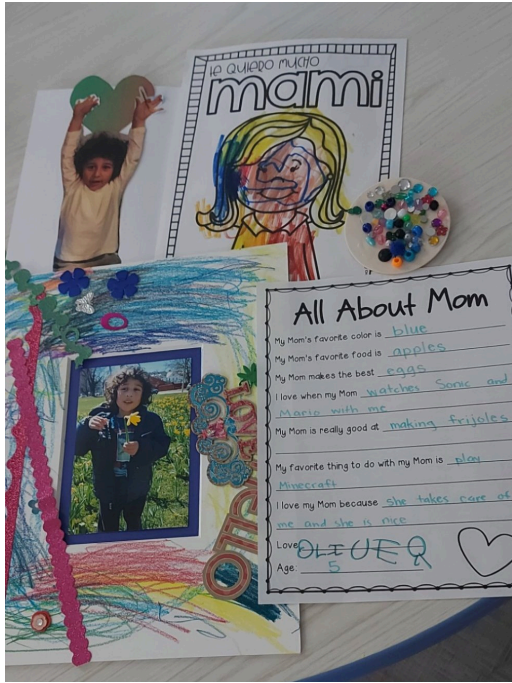
We are honored to be a **beneficiary of Blair's Baby Doll Drive** alongside [Lucy's Hearth](#) and [East Bay Community Action Program](#). Thank you to the Behan Family for making this possible.

If you would like to **support Blair's Baby Doll Drive**, please bring any **new baby dolls or accessories** to the **Hibernian Hall** at 2 Wellington Ave., Newport, RI Saturday, May 11th at noon.

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**Happy Mother's Day!**

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How will you show your Mother you care, this **Mother's Day**? Here is what our Kids did.

Some kids made their Mom a **bouquet of flowers of their handprints**, others made their Mom a **special decorated frame** complete with a **photo of them with the beautiful daffodils** in full bloom. No matter what way you show your mother you care, **we hope your Mothers get to enjoy their day to the fullest.**

Happy Mother's Day!

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**Live Concert Next Wednesday!**

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MLK Community Programs Presents...



**LIVE FROM THE  
LOADING DOCK...  
PARKSIDE**

**A free family-friendly outdoor concert series  
Wednesdays 4:30pm - 6:00pm**



- |                       |                                      |
|-----------------------|--------------------------------------|
| <b>May 15th</b>       | <b>Jesus Andujar and Grupo Sazon</b> |
| <b>June 12th</b>      | <b>Sidy Maiga and Company</b>        |
| <b>July 17th</b>      | <b>Alexus Lee</b>                    |
| <b>August 21st</b>    | <b>The Pump House String Band</b>    |
| <b>September 18th</b> | <b>Lois Vaughan Jazz Trio</b>        |

**NEW LOCATION!**

*Performances begin promptly and will be held at  
the Pocket Park across from the Edward Street entrance  
of the Dr. Martin Luther King Jr. Community Center  
**20 Dr. Marcus Wheatland Blvd.**  
Food will be provided free of charge.  
Please bring a lawn chair and enjoy the show!*



[mlkcenter.org](http://mlkcenter.org) | 401.846.4828 | @NewportMLK

MLK los invita...



# LIVE FROM THE LOADING DOCK... PARKSIDE

**Una serie de conciertos al aire libre**  
**Miércoles 4:30pm - 6:00pm**

<b>Mayo 15</b>	<b>Jesus Andujar and Grupo Sazon</b>
<b>Junio 12</b>	<b>Sidy Maiga and Company</b>
<b>Julio 17</b>	<b>Alexus Lee</b>
<b>Agosto 21</b>	<b>The Pump House String Band</b>
<b>Septiembre 18</b>	<b>Lois Vaughan Jazz Trio</b>

**Nueva Localización!**

*Los conciertos se realizarán en el parque al lado de la entrada por la Calle Edward*

**20 Dr. Marcus Wheatland Blvd.**  
*Habrá bocadillos gratuitos  
Traiga su silla, le esperamos!*

milkcenter.org | 401.846.4828 | @NewportMLK

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## A New Free Book every Month!

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What's your favorite way to wind down and relax? For **June (left) and Parker (right)** of Middletown, the best way is with a **bedtime story**. Thanks to the [Dolly Parton's Imagination Library, Newport RI](#), June (1) and Parker (3) receive a **new story in the mail every month**. Each story is the perfect opportunity for **family bonding** over a good book.

Their grandmother, Chyleene told us, "*June and Parker get so excited when they receive their own book in the mail each month! After hearing the same story many times, it's so much fun to watch the kids start to "read" and tell stories on their own! Quiet reading time before bed is such a special time for all. Now that Parker is giving up his nap, he still has quiet time in his bed with books each afternoon.*"

Presented by the **Bazarsky Family Foundation**, [Dolly Parton's Imagination Library](#), at the MLK puts books into the hands and hearts of children from **birth to age five every month**, at **no cost** to parents. To have your child **receive free books** each month, reach out to Judy at [imaginationlibrary@mlkcenter.org](mailto:imaginationlibrary@mlkcenter.org) or call 401-924-4252.



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**Beep! Beep! Here comes the Mobile Food Pantry!**

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You can find the mobile food pantry, **next week** at:

**TUESDAY 05/14/24:**

Festival Field, 90 Girard Ave., NEWPORT, 12:00pm - 1:00pm

**THURSDAY 05/16/24:**

Donovan Manor 19 Chapel St, NEWPORT 12:00pm - 1:00pm

Edgar Court, Edgar Court Cul-de-sac, NEWPORT 1:00 - 2:00pm

*All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry. Please remember to bring your reusable bags.*

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## PROGRAM CALENDAR



# MAY 2024

**Food Pantry Hours:**

- ☀️ Monday, Wednesday, Friday daytime: 10 a.m.-2 p.m.
- 🌙 Wednesday evening: 4-6 p.m.
- ☆ Tuesday, Thursday daytime: 12-3 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
		Toning in '24 8:30 a.m. LIHEAP Outreach 10 a.m. Senior Lunch & Learn 12 p.m.	1 Produce to the People 10 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Tiverton Housing Auth. 11:30 a.m. Hancock Estates 12:45 p.m.	2 Tai Chi/Qi Gong 9 a.m. Lunch @ Edward St. 11:30 a.m.
Newport Public Library lobby outreach 10 a.m.-2 p.m. Dinner & Lotería 5-6:30 p.m.	6 Yoga with Katie 8:30 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Oxbow 12 p.m. Lucy's Hearth 1 p.m. (residents only)	7 Toning in '24 8:30 a.m. United Healthcare lobby outreach 10 a.m.-2 p.m.	8 Produce to the People 10 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Pemberton 11:45 a.m. Bayside 1:30 p.m.	9 Tai Chi/Qi Gong 9 a.m. MLK Friends Lunch 11:30 a.m.-1 p.m.
Neighborhood Health Plan lobby outreach 10 a.m.-2 p.m.	13 Yoga with Katie 8:30 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Festival Field 12 p.m.	14 Visiting Nurse Clinic 7:30 a.m. Toning in '24 8:30 a.m. Senior Lunch & Learn 12 p.m. Live from the Loading Dock: Parkside - Edward Street park (Jesus Andujar and Grupo Sazon) 4:30-6 p.m.	15 URI Blood Pressure Checks (Edward Street) 7:30 a.m. Self Defense Seminar 9 a.m. (RSVP: 401-846-4828, ext. 124) Produce to the People 10 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Donovan Manor 12 p.m. Edgar Court 1 p.m.	16 Tai Chi/Qi Gong 9 a.m. Lunch @ Edward St. 11:30 a.m. (bosWell Advocate available)
HIV/Hep C Testing 7:30 a.m. (Edward Street)	20 Yoga with Katie 8:30 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Park Holm 12 p.m. AHEPA 1 p.m.	21 Toning in '24 8:30 a.m.	22 Produce to the People 10 a.m. Soup @ Edward St. 11:30 a.m. Community Dinner 5 p.m. <b>MFP</b> West House 12 p.m. (residents only)	23 Tai Chi/Qi Gong 9 a.m. Lunch @ Edward St. 11:30 a.m.
	27 Yoga with Katie 8:30 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Apple Creek 12 p.m.	28 Toning in '24 8:30 a.m. bosWell Advocate available (front lobby) 10 a.m.-2 p.m. MLK Friends Dinner 5:30 p.m.	29 Produce to the People 10 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. <b>MFP</b> Quaker Estates 12 p.m. Anthony House 1:15 p.m. (residents only)	30 Tai Chi/Qi Gong 9 a.m. Lunch @ Edward St. 11:30 a.m.
<b>*CENTER CLOSED*</b> <b>MEMORIAL DAY</b>				31 Tai Chi/Qi Gong 9 a.m. Lunch @ Edward St. 11:30 a.m.

## MLK Program Information

**Lunch & Learn:** Open to all older aged adults, this free lunchtime lecture features conversations with a variety of speakers that change monthly. Every first and third Wednesday. **RSVP REQUIRED** - Call Mel at ext. 124

**Mobile Food Pantry:** Our MFP brings the pantry to you. Throughout the month we visit neighborhoods in Newport County and set up for pantry shopping needs. For more info, call Mia at ext. 201.

**Yoga:** Start or end your day with this relaxing exercise class. Practice holding postures, stretch your limbs and muscles, breathing and meditation techniques to calm your mind. **RSVP REQUIRED** - Call Mel at ext. 124

**Toning in '24:** Every Wednesday at 8:30 am, this full-body workout aims to improve balance, bone health, flexibility, and strength of participants in a safe, welcoming, and fun environment. All skill-levels welcome. **RSVP REQUIRED** - Call Mel at ext. 124

**Produce to the People (PttP\*):** Free produce is available every Thursday at the MLK throughout the year. Stop in from 10 am-1 pm.

**L.E.A.D Peer Group:** A group designed to provide LGBTQIA+ youth with a safe place to discuss challenges and ask questions, and empower them to embrace their authentic selves, whatever that looks like for them. Open to those 12-18 years old. **\*\*PAUSED UNTIL FURTHER NOTICE\*\***  
For more info, call Mel at ext. 124.

**Tai Chi/Qi Gong:** This 2-part class includes Tai Chi and Qi Gong. Qi Gong is an ancient Chinese practice and medicine that is great for longevity and maintaining good health. Tai Chi is a free-flowing martial art that is practiced in the Far East and can be utilized as a form of self-defense. Great for all levels of movement. **RSVP REQUIRED** - Call Mel at ext. 124

**Free, Confidential HIV / Hep C Testing:** Presented in partnership with AIDS Project RI. Every third Monday from 7:30-9 a.m.  
For more information, call APRI at (401) 831-5522.

**\*\*NEW\*\* bosWell Advocates:** bosWell Community Health Workers offer qualified neighbors rental assistance, nutrition assistance, transportation, job support and more.  
For more information, call (833) 366-6323 or visit [boswellcare.org](http://boswellcare.org)

### Daily Programs

**Daily Bread:** Stop by the MLK Mon.-Fri. 9:00 am – 5:00 pm to check out assorted bread and baked goods we have available. No sign-up is required. All are welcome. First come, first served.

**Breakfast Program:** Mon.-Fri. from 7:30 am – 9:00 am, enjoy a free breakfast. Options may vary day to day.

**Preschool:** Our licensed educational program is open from 8:00 am – 5:00 pm, Mon.-Fri. DHS Childcare Assistance accepted; generous scholarships available.

**After School:** Elementary school aged children receive a nutritious meal, homework help, and participate in fun activities Mon.-Fri. from school release – 6:00 pm. DHS Childcare Assistance accepted; generous scholarships available.

### Appointment Based Programs

**Food 2 Friends:** Our pantry delivery service for the homebound and hungry. Please contact José Ramos at (401) 846-4828, ext. 207.

**Nutrition Counseling:** Dietitian Kristin Niessink, MS, RD, LDN can talk about your dietary needs and help you make changes in your diet. Whatever your concern may be, Kristin can help! Call her at (401) 368-7614 to schedule an appointment.

**Client Support Services:** Looking for resources or assistance with housing, jobs, or SNAP and state assistance? Find out what the MLK can provide and other organizations that can help. Contact Mel at (401) 846-4828 x124.

**\*\*NEW\*\*Notary Services:** Need something notarized? The MLK now offers Notary Services free of charge. Call ahead for availability. Contact Mel at (401) 846-4828 x124.

Questions? Call Melanie Saunders at (401) 846-4828, ext. 124

# MAYO 2024

## Los horarios de Despensa de Alimentos:

- ☀️ Lunes, Miércoles, Viernes, día: 10 a.m.-2 p.m.
- 🌙 Miércoles, noche: 4-6 p.m.
- ⭐ Martes, Jueves, día: 12-3 p.m.

LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
		Tonificación 8:30 a.m. Ayuda de Asistencia de la Calefacción (LIHEAP) 10 a.m. Almuerzo & Aprendizaje con Adultos Mayores 12 p.m.	1 Vegetales en MLK 10 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Tiverton Housing Auth. 11:30 a.m. Hancock Estates 12:45 p.m. (residentes solamente)	2 Tai Chi/Qi Gong 9 a.m. Almuerzo por la entrada Edward St. 11:30 a.m.
Promoción de la Biblioteca Pública de Newport en el lobby, 10am-2pm Cena & Lotería 5-6:30 p.m.	6 Yoga con Katie 8:30 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Oxbow 12 p.m. Lucy's Hearth 1 p.m. (residentes solamente)	7 Tonificación 8:30 a.m. United Cuidado de Salud en el lobby principal 10 a.m.-2 p.m.	8 Vegetales en MLK 10 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Pemberton 11:45 a.m. Bayside 1:30 p.m.	9 Tai Chi/Qi Gong 9 a.m. Almuerzo con Amigos' 11:30 a.m.-1 p.m.
Neighborhood Plan de Salud en el lobby principal 10 a.m.-2 p.m.	13 Yoga con Katie 8:30 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Festival Field 12 p.m.	14 Clinica VNS 7:30 a.m. Tonificación 8:30 a.m. Almuerzo & Aprendizaje con Adultos Mayores 12 p.m. L.E.A.D. 3 p.m. 'Live from the Loading Dock: Parkside' - en el parque Edward Street (Jesus Andujar y el Grupo Sazon) 4:30-6 p.m.	15 Controles de la Tension Arterial Hecho por URI 7:30 a.m. Clase de Defensa Personal 9 a.m. (RSVP: 401-846-4828, ext. 124) Vegetales en MLK 10 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Donovan Manor 12 p.m. Edgar Court 1 p.m.	16 Tai Chi/Qi Gong 9 a.m. Almuerzo por la entrada Edward St. 11:30 a.m. (bosWell Asesoría disponible)
APRI HIV/Hep C Pruebas Gratis 7:30 a.m.	20 Yoga con Katie 8:30 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Park Holm 12 p.m. AHEPA 1 p.m.	21 Tonificación 8:30 a.m.	22 Vegetales en MLK 10 a.m. Sopa por la entrada Edward St. 11:30 a.m. Cena Comunitaria 5 p.m. MFP West House 12 p.m. (residentes solamente)	23 Tai Chi/Qi Gong 9 a.m. Almuerzo por la entrada Edward St. 11:30 a.m.
<b>*DIA FESTIVO* CENTRO CERRADO</b>	27 Yoga con Katie 8:30 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Apple Creek 12 p.m.	28 Tonificación 8:30 a.m. bosWell Asesoría disponible (lobby principal), 10am-2pm 'Cena con Amigos' 5:30 p.m.	29 Vegetales en MLK 10 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Quaker Estates 12 p.m. Anthony House 1:15 p.m. (residentes solamente)	30 Tai Chi/Qi Gong 9 a.m. Almuerzo por la entrada Edward St. 11:30 a.m.

## MLK Programa de Informacion

**Almuerzo con Adultos Mayores & Aprendizaje:** Bienvenido todos los adultos mayores, esta conferencia es gratuita a la hora del almuerzo, presenta conversaciones con una variedad de oradores que cambian mensualmente. Se lleva a cabo el primer y tercer Miércoles del mes.  
RSVP REQUERIDA. Contacta a Mel a la ext. 124.

**Yoga:** Empieza o termina tu día con esta relajante clase de ejercicio. Practica manteniendo posturas, estira tus extremidades y músculos, respirando y meditando, usando la técnica de calmar tu mente.  
\*\*LAS CLASES DEL VIERNES CANCELADAS, HASTA NUEVO AVISO\*\*  
RSVP REQUERIDA. Contacta a Mel a la ext. 124.

**Tai Chi/Qi Gong:** Esta clase incluye dos partes: Tai Chi y Qi Gong. Qi Gong es una medicina y práctica antigua China que es excelente para la longevidad y mantener la práctica del lejano oriente puede ser utilizada como una forma de defensa personal. Excelente para todos los niveles de movimiento.  
RSVP REQUERIDA. Contacta a Mel a la ext. 124.

**\*\*NUEVO\*\* bosWell Asesoría:** Los trabajadores de salud comunitarios de bosWell ofrecer a los vecinos que califican para asistencia de alquiler, asistencia nutricional, transporte y apoyo laboral, y mas. Mas información, llama (833) 366-6323 o visite [boswellcare.org](http://boswellcare.org)

**Grupo L.E.A.D.:** Un grupo diseñado para proporcionar a la Comunidad LGBTQIA+ jóvenes con un lugar seguro para discutir desafíos y hacer preguntas, y empoderarlos y abrazar su autenticidad. Lo que sea para apoyarlos. Abierto para jóvenes de 12 a 18 años.  
Mayor información, llama a Mel ext. 124.

**Mobile Food Pantry:** Nuestra Despensa Móvil visita durante el mes, los barrios en el Condado de Newport, preparados para la compra de despensa según sus necesidades de la Comunidad.  
Para mayor información contactar a Mia a la ext. 201.

**Vegetales:** Vegetales y frutas gratis, disponibles todos los Jueves en el centro MLK durante el año. Ven a partir de 10 a.m. a 1 p.m.

**Gratis y Confidencial exámenes gratis de HIV / Hep C Testing:** Presentado en sociedad con AIDS. RI Proyecto, Cada tercer Lunes de 7:30 a 9:00 a.m.  
Mas información, llama APRI at (401) 831 5522.

**Tonificación:** Cada Miércoles a las 8:30 a.m., es ejercicio para todo el cuerpo, ayuda a mejorar el balance, la salud ósea, flexibilidad y fuerza, los participantes son bienvenidos en un lugar seguro y en un ambiente de diversión. Todos los niveles son bienvenidos.  
RSVP REQUERIDA. Contacta a Mel a la ext. 124.

### Programas Basados en Citas

**Food 2 Friends:** Nuestra despensa cuenta con servicio a domicilio, para la personas deshabilitada y personas de la tercera edad que no pueden salir de casa. Favor de contactar a Jose Ramos al (401) 846-4828, ext. 207.

**Consulta de Nutrición:** Kristin Niessink, MS, RD, LDN Dietista, con quien puede hablar acerca de sus necesidades de alimentación, quien le puede ayudar a hacer cambios en su dieta. Cualquier duda que tenga, contacte a Krisin, ¡Ella lo puede ayudar! Llama al (401) 368-7614 para hacer una cita.

**Servicios de apoyo al cliente:** ¿Busca algún recurso o asistencia con renta, trabajo, SNAP ¿o asistencia del Estado? Contáctanos en MLK para ayudarte o contactarte con organizaciones que te puedan ayudar. Contacta a Mel al (401) 846 4828 ext. 124

**\*\*NUEVO\*\*Servicio de Notario:** ¿Necesita algo notariado? ¡El Centro MLK ahora ofrece el Servicio de Notaría sin cargo alguno, completamente Gratis! Llama con anticipación para hacer una cita. Contacta a Mel al (401) 846 4828 ext. 124

### Programas Diarios

**Pan Diario:** Ven a la Despensa de Alimentos de Lunes a Viernes, 10:00 a.m.-4:00 p.m., y disfruta de nuestra variedad de pan y pasteles que tenemos disponibles. No se requiere registrarse ¡Todos son bienvenidos! Recuerda que "Servicio por orden de llegada".

**Programa de Desayuno:** Cada mañana de 7:30 a.m. a 9:00 a.m. disfruta de un desayuno gratis. Varía las opciones cada día.

**Prescolar:** Nuestro Programa Educativo Certificado está abierto de 8:00 a 5:00 p.m. de Lunes a Viernes "DHS" Asistencia para el cuidado de los niños es aceptada, tenemos generosamente becas disponibles

**Después de la escuela:** Los niños de primaria reciben una comida nutritiva, ayuda con tareas, y participan en divertidas actividades de Lunes a Viernes después de la salida de la escuela 6 p.m. Aceptamos "DHS" Asistencia para el cuidado de los niños. Generosamente hay becas disponibles.

**¿TIENES ALGUNA DUDA O PREGUNTA? Contacta a (401) 846-4828**

[Download This Month's Calendar Here](#)

[Descargue el Calendario del Mes Aquí](#)