



# DR. MARTIN LUTHER KING, JR. COMMUNITY CENTER

Friday, May 3, 2024

Pantry Open 5 Days a Week

**NEW PANTRY HOURS**

DR. MARTIN LUTHER KING, JR.  
COMMUNITY CENTER

**BEGINNING MAY 2ND, 2024**

Our Food Pantry will be open every weekday!

Monday: 10:00am - 2:00pm  
 Tuesday: 12:00pm - 3:00pm  
 Wednesday: 10:00am - 2:00pm  
 Wednesday: 4:00pm - 6:00pm  
 Thursday: 12:00pm - 3:00pm  
 Friday 10:00am - 2:00pm

Items to Bring:

- 1.) A Photo ID
- 2.) Reusable bags
- 3.) First time visitors must bring proof of address for all family members

www.mlkccenter.org | 401.846.4828 | @NewportMLK

**Big News!** The Pantry will now be open **every weekday!**

Those needing **fresh produce, meats, milk, eggs, bread, toiletries and more** can now visit the pantry **Monday - Friday**. See the **flyer above and below** for days, times, and **items to bring**. We're proud to **expand the impact** we make for thousands of people in Newport County....and grateful for our community of donors and volunteers who makes this possible.

If you or someone you know is in need, **come to the MLK**. We're here to help!

# NUEVO HORARIO DEL PANTRY

DR. MARTIN LUTHER KING, JR. COMMUNITY CENTER

**A PARTIR DEL 2 DE MAYO , 2024**

**Nuestro Pantry estará abierto todos los días de la semana!**

Lunes: 10:00am - 2:00pm  
 Martes: 12:00pm - 3:00pm  
 Miércoles: 10:00am - 2:00pm  
 Miércoles: 4:00pm - 6:00pm  
 Jueves: 12:00pm - 3:00pm  
 Viernes 10:00am - 2:00pm

**Debe traer:**

- 1.) Identificación con foto
- 2.) Bolsas Reusables
- 3.) Si viene por primera vez debe traer prueba de domicilio para cada miembro de la familia.

[www.mlkccenter.org](http://www.mlkccenter.org) | 401.846.4828 | @NewportMLK

If you would like to support the MLK Pantry, click the button below.

Give to the Pantry

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**Join Our Team**

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**Join our team!** The MLK Community Center is looking for **caring individuals** with a passion for **helping and giving back**. If this looks like you, take a peek at our **job opportunities**. There may be a **spot for you** on our team.

The Dr. Martin Luther King, Jr. Community Center is an **equal opportunity employer** and **does not discriminate** in its employment decisions because of age, sex, gender, sexual orientation, race, ethnicity, age, ability, body size, education, or religion. People of color, veterans, and LGBTQIA+ candidates are strongly encouraged to apply. The MLK Community Center is **committed to creating and welcoming a diverse workplace**, and to supporting our staff with ongoing career development opportunities.

[See our Job Opportunities](#)

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### **A Blast from the Past at Lunch and Learn**

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Thanks to the [Newport Historical Society](#), seniors in our **Lunch and Learn program** enjoyed a **lecture** on [Dr. William Hunter](#), eighteenth century surgeon, medical lecturer and apothecary. Historian Sean O'Brien **appeared in period garb** and presented the lecture as it might have been **delivered in Dr. Hunter's time**. The seniors loved it. A favorite from the lecture was Dr. Hunter's **discussion of the various fevers** (typhus and malaria) that plagued **maritime colonial Newport**, his quote from Cicero ("*In nothing do men more nearly approach the gods than in giving health to men*"), and his "**examination**" of the health of some of the participants. We're grateful to the Newport Historical Society for making this **special experience** possible for our seniors.

Senior Lunch & Learn happens on the **first and third Wednesday of each month**. The program features **activities and presentations** on topics of interest to older adults and a **delicious, healthy lunch**. This program is **completely free** but registration is required. If you would like to **register for a Senior Lunch & Learn**, please contact Melanie Saunders at [mrsaunders@mlkcenter.org](mailto:mrsaunders@mlkcenter.org) or via phone at 401.846.4828 x124.




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**Running (and walking) in memory of Charlie Holder Sr.**

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Come join us as we **celebrate the life of Charlie Holder Sr.** We are honored to be a **co-beneficiary** with the Newport County YMCA of the [Charlie Holder Sr. Memorial 5K](#). Not a runner? No problem! **There are competitive, non-competitive, and virtual categories available. Runners and walkers are welcome!**

Every step you take will help support Newport County as **all the proceeds will be donated** to the MLK and the [Newport County YMCA](#).

Click on the **button below** to **sign up on the event's website**. We'll see you bright and early on **Saturday, May 11th, 2024 at 8:30am**.

Register for the Charlie Holder Sr. Memorial 5K Today

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**Dinner and Loteria with Conexion Latina!**

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# Noche Comunitaria de ¡LOTERÍA Y CENA!



¡CENA GRATIS POR LA VECINA RESTAURANTE!

¡Diviértete con nosotros Lunes 6 de Mayo!

🕒 5:00 - 6:30 PM

📍 En el Centro MLK

20 Dr Marcus Wheatland Blvd,  
Newport, RI 02840

Para mas informacion, llame a 401-585-8165

¡PREMIOS!

¡ACTIVIDADES Y PINTA CARITAS PARA LOS NIÑOS!

*Cupos Limitado, se sirve en orden de llegada*



Dinner and Loteria is only a few days away! Start your week with some fun! Come on over to the Center on **Monday, May 6th** for good food sponsored by [La Vecina Taqueria](#) and a great game of Loteria with [Conexion Latina Newport](#)! This **collaborative event** starts at **5:00pm** in our **Community Room**. Please enter through the **Edward Street Entrance**. We cannot wait to see you there!




# Community evening of **DINNER & LOTERÍA!**



**FREE DINNER COMPLIMENTS OF  
LA VECINA RESTAURANT**

Come join the fun with us on Monday, May 6th!

 5:00 - 6:30 PM

 **At The MLK Center**

20 Dr Marcus Wheatland Blvd,  
Newport, RI 02840

For more information call 401-585-8165

*Space is limited, First come first serve*

**PRIZES!  
ACTIVITIES AND FACE PAINTING  
FOR CHILDREN!**



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**Self Defense Seminar**

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# SELF DEFENSE SEMINARS

# SEMINARIO DE DEFENSA PERSONAL

Learn to protect yourself using real-world self-defense skills with two world champion martial artists.

Aprenda a defenderse usando técnicas impartidas por dos campeones de artes marciales.

Presented by:



Presentado por:



**Thursday, May 16, 2024**  
**9:00am**

**Jueves 16 de mayo 2024**  
**9:00am**

All are welcome.

Todos son bienvenidos.

MLK Community Center,  
20 Dr. Marcus Wheatland Blvd., Newport, RI  
Community Room; use front entrance

MLK Community Center,  
20 Dr. Marcus Wheatland Blvd., Newport, RI  
Salon de la Comunidad, Use la Puerta Principal

The event is free but registration is required  
RSVP to Mel @ (401) 846-4828, ext. 124 or msaunders@mlkcenter.org

El evento es gratuito pero debe inscribirse con antelación.  
RSVP to Mel @ (401) 846-4828, ext. 124 or msaunders@mlkcenter.org

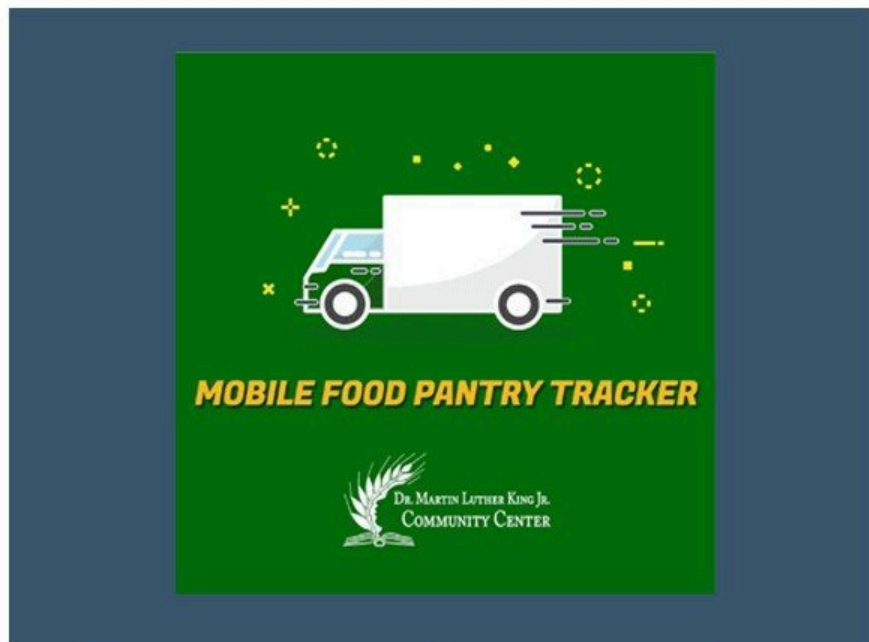
[www.mlkcenter.org](http://www.mlkcenter.org) | [f](https://www.facebook.com/NewportMLK) [i](https://www.instagram.com/NewportMLK) @NewportMLK | [401.846.4828](tel:4018464828)

[www.mlkcenter.org](http://www.mlkcenter.org) | [f](https://www.facebook.com/NewportMLK) [i](https://www.instagram.com/NewportMLK) @NewportMLK | [401.846.4828](tel:4018464828)

**There is another opportunity** to learn how to protect yourself taught by **two world champion martial artists!** Sign up for our **second Self Defense Seminar** presented by [Newport Martial Arts](#) happening **Thursday, May 16th, 2024 at 9:00 a.m.** in the **Community Room of the Center**. This Seminar is **free** and **all are welcome** but **registration is required**. Register online by clicking the button below!

Register for Self Defense Seminar

## Beep! Beep! Here comes the Mobile Food Pantry!



You can find the mobile food pantry, **next week** at:



**TUESDAY 05/07/24:**

Oxbow, 80 Rodgers Ln., MIDDLETOWN 12:00pm - 1:00pm  
 Lucy's Hearth, 19 Valley Rd, MIDDLETOWN 1:00pm - 2:00pm *(residents only)*

**THURSDAY 05/09/24:**

Pemberton, 45 Pemberton Ave, JAMESTOWN 12:00pm - 1:00pm  
 Bayside, 143 Third St, NEWPORT 1:30 - 2:30pm

*All are welcome. You do not need to reside in the neighborhood to use the Mobile Food Pantry. Please remember to bring your reusable bags.*

**PROGRAM CALENDAR**

**MAY 2024**

**Food Pantry Hours:**

- Monday, Wednesday, Friday daytime: 10 a.m.-2 p.m.
- Wednesdays evening: 4-6 p.m.
- Tuesday, Thursday daytime: 12-3 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
		Toning in '24 8:30 a.m. LIHEAP Outreach 10 a.m. Senior Lunch & Learn 12 p.m.	1 Produce to the People 10 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. MFP Tiverton Housing Auth. 11:30 a.m. Hancock Estates 12:45 p.m.	2 Tai Chi/Qi Gong 9 a.m. Lunch @ Edward St. 11:30 a.m.
Newport Public Library lobby outreach 10 a.m.-2 p.m. Dinner & Lotería 5-6:30 p.m.	6 Yoga with Katie 8:30 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. MFP Oxbow 12 p.m. Lucy's Hearth 1 p.m. (residents only)	7 Toning in '24 8:30 a.m. United Healthcare lobby outreach 10 a.m.-2 p.m.	8 Produce to the People 10 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. MFP Pemberton 11:45 a.m. Bayside 1:30 p.m.	9 Tai Chi/Qi Gong 9 a.m. MLK Friends Lunch 11:30 a.m.-1 p.m.
Neighborhood Health Plan lobby outreach 10 a.m.-2 p.m.	13 Yoga with Katie 8:30 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. MFP Festival Field 12 p.m.	14 Visiting Nurse Clinic 7:30 a.m. Toning in '24 8:30 a.m. Senior Lunch & Learn 12 p.m. Live from the Loading Dock: Parkside - Edward Street park (Jesus Andujar and Grupo Sazon) 4:30-6 p.m.	15 URI Blood Pressure Checks (Edward Street) 7:30 a.m. Self Defense Seminar 9 a.m. (RSVP: 401-946-4828, ext. 124) Produce to the People 10 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. MFP Donovan Manor 12 p.m. Edgar Court 1 p.m.	16 Tai Chi/Qi Gong 9 a.m. Lunch @ Edward St. 11:30 a.m. (bosWell Advocate available)
HIV/Hep C Testing 7:30 a.m. (Edward Street)	20 Yoga with Katie 8:30 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. MFP Park Holm 12 p.m. AHEPA 1 p.m.	21 Toning in '24 8:30 a.m.	22 Produce to the People 10 a.m. Soup @ Edward St. 11:30 a.m. Community Dinner 5 p.m. MFP West House 12 p.m. (residents only)	23 Tai Chi/Qi Gong 9 a.m. Lunch @ Edward St. 11:30 a.m.
<b>*CENTER CLOSED* MEMORIAL DAY</b>	27 Yoga with Katie 8:30 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. MFP Apple Creek 12 p.m.	28 Toning in '24 8:30 a.m. bosWell Advocate available (front lobby) 10 a.m.-2 p.m. MLK Friends Dinner 5:30 p.m.	29 Produce to the People 10 a.m. Soup @ Edward St. 11:30 a.m. LivFit 5 p.m. MFP Quaker Estates 12 p.m. Anthony House 1:15 p.m. (residents only)	30 Tai Chi/Qi Gong 9 a.m. Lunch @ Edward St. 11:30 a.m.
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# MLK Program Information

**Lunch & Learn:** Open to all older aged adults, this free lunchtime lecture features conversations with a variety of speakers that change monthly. Every first and third Wednesday. **RSVP REQUIRED** - Call Mel at ext. 124

**Mobile Food Pantry:** Our MFP brings the pantry to you. Throughout the month we visit neighborhoods in Newport County and set up for pantry shopping needs. For more info, call Mia at ext. 201.

**Yoga:** Start or end your day with this relaxing exercise class. Practice holding postures, stretch your limbs and muscles, breathing and meditation techniques to calm your mind. **RSVP REQUIRED** - Call Mel at ext. 124

**Toning in '24:** Every Wednesday at 8:30 am, this full-body workout aims to improve balance, bone health, flexibility, and strength of participants in a safe, welcoming, and fun environment. All skill-levels welcome. **RSVP REQUIRED** - Call Mel at ext. 124

**Produce to the People (PtP\*):** Free produce is available every Thursday at the MLK throughout the year. Stop in from 10 am-1 pm.

**L.E.A.D Peer Group:** A group designed to provide LGBTQIA+ youth with a safe space to discuss challenges and ask questions, and empower them to embrace their authentic selves, whatever that looks like for them. Open to those 12-18 years old. **\*\*PAUSED UNTIL FURTHER NOTICE\*\***  
For more info, call Mel at ext. 124.

**Tai Chi/Qi Gong:** This 2-part class includes Tai Chi and Qi Gong. Qi Gong is an ancient Chinese practice and medicine that is great for longevity and maintaining good health. Tai Chi is a free-flowing martial art that is practiced in the Far East and can be utilized as a form of self-defense. Great for all levels of movement. **RSVP REQUIRED** - Call Mel at ext. 124

**Free, Confidential HIV / Hep C Testing:** Presented in partnership with AIDS Project RI. Every third Monday from 7:30-9 a.m.  
For more information, call APRI at (401) 831-5522.

**\*\*NEW\*\* bosWell Advocates:** bosWell Community Health Workers offer qualified neighbors rental assistance, nutrition assistance, transportation, job support and more.  
For more information, call (833) 366-6323 or visit boswellcare.org

### Daily Programs

**Daily Bread:** Stop by the MLK Mon.-Fri. 9:00 am - 5:00 pm to check out assorted bread and baked goods we have available. No sign-up is required. All are welcome. First come, first served.

**Breakfast Program:** Mon.-Fri. from 7:30 am - 9:00 am, enjoy a free breakfast. Options may vary day to day.

**Preschool:** Our licensed educational program is open from 8:00 am - 5:00 pm, Mon.-Fri. DHS Childcare Assistance accepted; generous scholarships available.

**After School:** Elementary school aged children receive a nutritious meal, homework help, and participate in fun activities Mon.-Fri. from school release - 6:00 pm. DHS Childcare Assistance accepted; generous scholarships available.

### Appointment Based Programs

**Food 2 Friends:** Our pantry delivery service for the homebound and hungry. Please contact José Ramos at (401) 846-4828, ext. 207.

**Nutrition Counseling:** Dietitian Kristin Niessink, MS, RD, LDN can talk about your dietary needs and help you make changes in your diet. Whatever your concern may be, Kristin can help! Call her at (401) 368-7614 to schedule an appointment.

**Client Support Services:** Looking for resources or assistance with housing, jobs, or SNAP and state assistance? Find out what the MLK can provide and other organizations that can help. Contact Mel at (401) 846-4828 x124.

**\*\*NEW\*\*Notary Services:** Need something notarized? The MLK now offers Notary Services free of charge. Call ahead for availability. Contact Mel at (401) 846-4828 x124.

Questions? Call Melanie Saunders at (401) 846-4828, ext. 124

# MAYO 2024

### Los horarios de Despensa de Alimentos:

- ☀️ Lunes, Miércoles, Viernes, día: 10 a.m.-2 p.m.
- 🌙 Miércoles, noche: 4-6 p.m.
- ☆ Martes, Jueves, día: 12-3 p.m.

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
		Tonificación 8:30 a.m. Ayuda de Asistencia de la Calefacción (LIHEAP) 10 a.m. Almuerzo & Aprendizaje con Adultos Mayores 12 p.m.	1 Vegetales en MLK 10 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Tiverton Housing Auth. 11:30 a.m. Hancock Estates 12:45 p.m. (residentes solamente)	2 Tai Chi/Qi Gong 9 a.m. Almuerzo por la entrada Edward St. 11:30 a.m.
Promoción de la Biblioteca Pública de Newport en el lobby, 10am-2pm Cena & Lotería 5-6:30 p.m.	6 Yoga con Katie 8:30 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Oxbow 12 p.m. Lucy's Hearth 1 p.m. (residentes solamente)	7 Tonificación 8:30 a.m. United Cuidado de Salud en el lobby principal 10 a.m.-2 p.m.	8 Vegetales en MLK 10 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Pemberton 11:45 a.m. Bayside 1:30 p.m.	9 Tai Chi/Qi Gong 9 a.m. Almuerzo con Amigos' 11:30 a.m.-1 p.m.
Neighborhood Plan de Salud en el lobby principal 10 a.m.-2 p.m.	13 Yoga con Katie 8:30 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Festival Field 12 p.m.	14 Clinica VNS 7:30 a.m. Tonificación 8:30 a.m. Almuerzo & Aprendizaje con Adultos Mayores 12 p.m. L.E.A.D. 3 p.m. 'Live from the Loading Dock: Parkside' - en el parque Edward Street (Jesus Andujar y el Grupo Sazon) 4:30-6 p.m.	15 Controles de la Tension Arterial Hecho por URI 7:30 am. Clase de Defensa Personal 9 a.m. (RSVP: 401-846-4828, ext. 124) Vegetales en MLK 10 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Donovan Manor 12 p.m. Edgar Court 1 p.m.	16 Tai Chi/Qi Gong 9 a.m. Almuerzo por la entrada Edward St. 11:30 a.m. (bosWell Asesoría disponible)
APRI HIV/Hep C Pruebas Gratis 7:30 a.m.	20 Yoga con Katie 8:30 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Park Holm 12 p.m. AHEPA 1 p.m.	21 Tonificación 8:30 a.m.	22 Vegetales en MLK 10 a.m. Sopa por la entrada Edward St. 11:30 a.m. Cena Comunitaria 5 p.m. MFP West House 12 p.m. (residentes solamente)	23 Tai Chi/Qi Gong 9 a.m. Almuerzo por la entrada Edward St. 11:30 a.m.
*DIA FESTIVO* CENTRO CERRADO	27 Yoga con Katie 8:30 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Apple Creek 12 p.m.	28 Tonificación 8:30 a.m. bosWell Asesoría disponible (lobby principal), 10am-2pm 'Cena con Amigos' 5:30 p.m.	29 Vegetales en MLK 10 a.m. Sopa por la entrada Edward St. 11:30 a.m. LivFit (clases de cocina) 5 p.m. MFP Quaker Estates 12 p.m. Anthony House 1:15 p.m. (residentes solamente)	30 Tai Chi/Qi Gong 9 a.m. Almuerzo por la entrada Edward St. 11:30 a.m.

# MLK Programa de Informacion

**Almuerzo con Adultos Mayores & Aprendizaje:** Bienvenido todos los adultos mayores, esta conferencia es gratuita a la hora del almuerzo, presenta conversaciones con una variedad de oradores que cambian mensualmente. Se lleva a cabo el primer y tercer Miércoles del mes.  
RSVP REQUERIDA. Contacta a Mel a la ext. 124.

**Yoga:** Empieza o termina tu día con esta relajante clase de ejercicio. Practica manteniendo posturas, estira tus extremidades y músculos, respirando y meditando, usando la técnica de calmar tu mente.

**\*\*LAS CLASES DEL VIERNES CANCELADAS, HASTA NUEVO AVISO\*\***  
RSVP REQUERIDA. Contacta a Mel a la ext. 124.

**Tai Chi/Qi Gong:** Esta clase incluye dos partes: Tai Chi y Qi Gong. Qi Gong es una medicina y práctica antigua China que es excelente para la longevidad y mantener la práctica del lejano oriente puede ser utilizada como una forma de defensa personal. Excelente para todos los niveles de movimiento.  
RSVP REQUERIDA. Contacta a Mel a la ext. 124.

**\*\*NUEVO\*\* bosWell Asesoría:** Los trabajadores de salud comunitarios de bosWell ofrecen a los vecinos que califican para asistencia de alquiler, asistencia nutricional, transporte y apoyo laboral, y más. Mas información, llama (833) 366-6323 o visite boswellcare.org

**Grupo L.E.A.D.:** Un grupo diseñado para proporcionar a la Comunidad LGBTQIA+ jóvenes con un lugar seguro para discutir desafíos y hacer preguntas, y empoderarlos y abrazar su autenticidad. Lo que sea para apoyarlos. Abierto para jóvenes de 12 a 18 años.

Mayor información, llama a Mel ext. 124.

**Mobile Food Pantry:** Nuestra Despensa Móvil visita durante el mes, los barrios en el Condado de Newport, preparados para la compra de despensa según sus necesidades de la Comunidad.

Para mayor información contactar a Mia a la ext. 201.

**Vegetales:** Vegetales y frutas gratis, disponibles todos los Jueves en el centro MLK durante el año. Ven a partir de 10 a.m. a 1 p.m.

**Gratis y Confidencial exámenes gratis de HIV / Hep C Testing:** Presentado en sociedad con AIDS. RI Proyecto, Cada tercer Lunes de 7:30 a 9:00 a.m.  
Mas información, llama APRI at (401) 831 5522.

**Tonificación:** Cada Miércoles a las 8:30 a.m., es ejercicio para todo el cuerpo, ayuda a mejorar el balance, la salud ósea, flexibilidad y fuerza, los participantes son bienvenidos en un lugar seguro y en un ambiente de diversión. Todos los niveles son bienvenidos.

RSVP REQUERIDA. Contacta a Mel a la ext. 124.

## Programas Basados en Citas

**Food 2 Friends:** Nuestra despensa cuenta con servicio a domicilio, para la personas deshabilitada y personas de la tercera edad que no pueden salir de casa. Favor de contactar a Jose Ramos al (401) 846-4828, ext. 207.

**Consulta de Nutrición:** Kristin Niessink, MS, RD, LDN Dietista, con quien puede hablar acerca de sus necesidades de alimentación, quien le puede ayudar a hacer cambios en su dieta. Cualquier duda que tenga, contacte a Krisin, ¡Ella lo puede ayudar! Llama al (401) 368-7614 para hacer una cita.

**Servicios de apoyo al cliente:** ¿Busca algún recurso o asistencia con renta, trabajo, SNAP ¿O asistencia del Estado? Contáctanos en MLK para ayudarte o contactarte con organizaciones que te puedan ayudar. Contacta a Mel al (401) 846 4828 ext. 124

**\*\*NUEVO\*\*Servicio de Notario:** ¿Necesita algo notariado? ¡El Centro MLK ahora ofrece el Servicio de Notaría sin cargo alguno, completamente Gratis! Llama con anticipación para hacer una cita. Contacta a Mel al (401) 846 4828 ext. 124

## Programas Diarios

**Pan Diario:** Ven a la Despensa de Alimentos de Lunes a Viernes, 10:00 a.m.-4:00 p.m., y disfruta de nuestra variedad de pan y pasteles que tenemos disponibles. No se requiere registrarse ¡Todos son bienvenidos! Recuerda que "Servicio por orden de llegada".

**Programa de Desayuno:** Cada mañana de 7:30 a.m. a 9:00 a.m. disfruta de un desayuno gratis. Varía las opciones cada día.

**Prescolar:** Nuestro Programa Educacional Certificado está abierto de 8:00 a 5:00 p.m. de Lunes a Viernes "DHS" Asistencia para el cuidado de los niños es aceptada, tenemos generosamente becas disponibles

**Después de la escuela:** Los niños de primaria reciben una comida nutritiva, ayuda con tareas, y participan en divertidas actividades de Lunes a Viernes después de la salida de la escuela 6 p.m. Aceptamos "DHS" Asistencia para el cuidado de los niños. Generosamente hay becas disponibles.

**¿TIENES ALGUNA DUDA O PREGUNTA? Contacta a (401) 846-4828**

[Download This Month's Calendar Here](#)

[Descargue el Calendario del Mes Aquí](#)